

Beetham Church

# Epiphany Carol Service

12th January  
at 6pm

Readings,  
music & carols

All are  
welcome



## Candlemas Choral Evensong Sunday 2nd February, 6pm

in Beetham Church with  
**Geoff Field, Music Director & Organist**  
**The Choir of St Michael & All Angels Beetham**  
A special service of choral music  
to celebrate Candlemas

Beetham Church

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Ticket details in February Gateway

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# THE GATEWAY

PARISH MAGAZINE OF  
ST MICHAEL AND ALL ANGELS, BEETHAM

JANUARY 2020

Welcome to 2020. A new year. New beginnings. Traditionally, this is the month in which we can all start afresh. When we have a chance to put behind us the disappointments and difficulties of the past, the failed hopes and missed opportunities.

Why is it that at the start of each year we feel the urge to start again? What is it about our daily lives that makes us dissatisfied with the pattern of our existence to the extent that we feel the need to make a new beginning? Modern life makes many demands on us all. And we are all subject to the pressures and demands of a world of consumerism in which we are constantly invited to compare our own existence with the seemingly far more attractive lifestyle of those who appear to have more than us in material terms, or who have a way of life that is made to appear more desirable.

And so we make our annual wish list of those things we intend to change: we are going to eat or drink less (or maybe both!); we are going to take more exercise; we are going to learn a new skill. Our experience tells us that it is unlikely that we shall persevere with any of our 'resolutions' - if we even begin them in the first place.

And yet there is one thing, I suggest, about which we should all make a resolution - a fresh beginning - and which we should be determined both to start and to continue. The world we live in - our very planet - is under threat. There is no longer any room for doubt - human activity is having a profound and ever-increasing effect on our climate and, in turn, our local weather. The resources of planet earth are being depleted at an ever increasing rate.

We desperately need for governments around the world to take the macro-actions necessary to slow, and eventually end, the activities that contribute to the crisis - and, let us be in no doubt, crisis it is. So what can we do in this quiet, and still beautiful, corner of north-west England? What can we do, as individuals, to slow, halt, and even reverse, the activities that are responsible for the crisis we are facing? Well, I suggest, there are some things we can all resolve to do to help. Our modern world is reliant on electricity. Many of us remember the early 1970s when political unrest resulted in power cuts - blackouts, candles, shortages of fuel and even some foodstuffs. How much more devastating would such cuts be today when the technology which controls and directs so much of our daily life is dependent on a reliable and consistent supply of electric power?

Electricity has to be produced and that production comes at a cost. The less we use of it, the less we add to the growth in carbon emissions that are having such a devastating impact on our world. So, turn off unnecessary lights and change to LED bulbs (we have already done this in church with the result that we have better illumination at far less cost). Water has to be pumped into our homes: don't leave the tap running while you clean your teeth - you will save both water and electricity. Central Heating contributes massively to carbon emissions: turn down your thermostat by one degree - you won't notice the difference (until your bill arrives!). In an area so poorly served by public transport it is difficult not to use our cars, but we can try to use them more efficiently.

Individually we can do little. Collectively we can make a big difference. If we don't, the opportunity to make new beginnings may be denied to our grandchildren. And what will they think of us then? What do we want our legacy to be?

Wishing you a happy, and hopefully greener, New Year.

Brian Smalley



[www.beethamstmichaelandallangels.co.uk](http://www.beethamstmichaelandallangels.co.uk)

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Licensed Lay Minister	Vivien Stirrup	015395 64320	vstirrup7@aol.com
Licensed Lay Minister	Chris Roberts	015395 63019	lainyandchris@aol.com
Lay Chair/Churchwarden	Brian Smalley	015395 64778	b.e.smalley@btinternet.com
Churchwarden	Jenny Marks	015395 62559	jenny.marks@btinternet.com
Churchwarden	Ian Stirrup	015395 64320	ianstirrup02@gmail.com
PCC Secretary	Dorothy MacLeod	015395 62062	admhm@live.co.uk
PCC Treasurer	John Lomax	015395 62648	j.d.lomax@btinternet.com
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For Baptisms, Confirmation, Weddings, Funerals, Home Visits & Holy Communion at Home, Prayer & Anointing for Healing, Sacrament of Reconciliation or if you have any questions about church life or the Christian faith, please do feel able to contact the Vicar

**Church Services at Beetham in January**


Date	Time	Service
Sun 5th Jan <i>Epiphany</i>	11am	Parish Eucharist
	6pm	Evensong
Wed 8th Jan	11am	Holy Communion
Fri 10th Jan	9am	School Assembly
Sun 12th Jan <i>The Baptism of Christ</i>	11am	Parish Eucharist
	6pm	Epiphany Carol Service
Fri 17th Jan	9am	School Assembly
Sun 19th Jan <i>2nd of Epiphany</i>	11am	Parish Eucharist
	6pm	Evensong
Fri 24th Jan	9am	School Assembly
Sun 26th Jan <i>3rd of Epiphany</i>	11am	Parish Eucharist
	6pm	Evensong
Fri 31st Jan	9am	School Assembly

Please check Church noticeboards or  
beethamstmichaelandallangels.co.uk for any changes

**The Feast of the Epiphany ~ 6th January**

In the Oxford English Dictionary, Epiphany is defined as:-  
1. The manifestation of Christ to the Gentiles as represented by the Magi (Matthew 2:1-12)  
1.1 The festival commemorating the Epiphany on 6 January  
2. A moment of sudden and great revelation or realization

The Feast of the Epiphany is a celebration of the birth of Jesus. It marks the visit of the three wise men - the Magi - to pay homage to the infant Jesus, and their offering of gifts of gold, frankincense and myrrh.



In Beetham church, the carved figures of the three wise men are moved from the far side of the church to the nativity scene on this day. Epiphany continues with the celebration of the baptism of Jesus by John and the revealing of Christ as the Son of God

The eve of Epiphany is also known as Twelfth Night. Beginning on St Stephens Day (Boxing Day), the Twelve Days of Christmas end on 6 January. However, until the Middle Ages the end of a day was marked when the sun went down, so Epiphany actually starts on the evening of 5 January. It is for this reason that the taking down of Christmas decorations (traditionally accompanied by the serving of a mulled spicy punch known as wassail!) is usually done on 5th January

The Gateway team would like to wish all our readers a **Happy New Year**



Thank you for your support in 2020 and a special thanks to every person who helps to make this publication a continuing success:-

All monthly contributors ~ Our regular advertisers ~ The production team ~ The 21 folders ~ The 16 distributors of 480 paper copies ~ The 13 local outlets who stock copies for visitors to take away

The full colour version of The Gateway is available online at [www.beethamstmichaelandallangels.co.uk](http://www.beethamstmichaelandallangels.co.uk), along with past editions, and if you would also like to be added to the email distribution list please contact [beethamnews@aol.com](mailto:beethamnews@aol.com)

**Advent and Christmas Worship**

There are many people to say thank you to for making the Advent and Christmas worship here so special, but first and foremost has to be the Revd Andrew Norman for such a marathon of services, ministry, and school and church events around Beetham, Arnside and Storth. Thank you Andrew and congratulations!

Thank you also to the Revd Canon David Peacock and to the Revd Geoff Turner for their additional ministry over this period, and to the worship team for supporting so many morning and evening services despite illness, inclement weather, and holidays.

Finally, many thanks go to Geoff Field for such gifted organ playing and enthusiastic nurturing of the church choir to bring such glorious music to all our services.

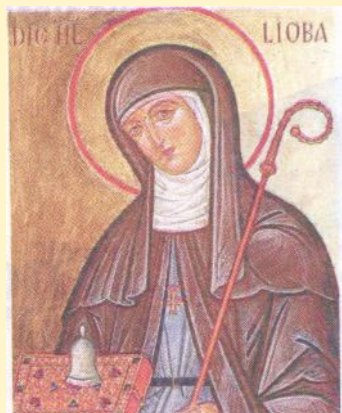
**Deadlines for The Gateway are changing!**

The deadline for The Gateway copy submission is changing to the Monday prior to the last Wednesday in each month this year. Items for the February edition are therefore welcomed by noon on **Monday 27th January**

Please send contributions to the editor, Jenny Marks  
Email: [beethamnews@aol.com](mailto:beethamnews@aol.com); Tel: 015395 62559

View dates and The Gateway in full colour online at [beethamstmichaelandallangels.co.uk](http://beethamstmichaelandallangels.co.uk)

## Lioba – a Modern Woman



Tradition has it that this church of St Michael & All Angels was formerly dedicated to Saint Lioba. And, of course, there is an image of her in the stained glass window in the north-west corner of the church. But who was she? We know that she was born of Saxon parents in Wessex in about 700 AD (the original Wessex Girl!) and that she was a cousin of the rather more famous Boniface, a Christian Missionary who went to spread the Gospel to the tribes of what is now Germany. Boniface, in fact, became the patron saint of Germany, so Lioba was well-connected. (Boniface is also the patron saint of Devon!). As a child, Lioba went to live amongst the nuns at Wimborne Abbey in Dorset and later became Abbess of Minster in the Isle of Thanet. When Boniface sent for reinforcements, Lioba answered his call and was put in a position of authority over the missionaries and took charge of a convent in what is now the German province of Baden. She did good works and when she died she was buried near the tomb of Boniface (who had been martyred in 754 AD). Her tomb can be seen to this day in the church of Petersburg, near Fulda in modern Germany.

Recent research has discovered a surviving letter written by Lioba herself which contains the earliest example of poetry known to have been authored by an Englishwoman. Professor Diane Watt of the University of Surrey has written a book with the catchy title, *Women, Writing and Religion in England and Beyond*. The book looks at early English writers, including Lioba, and Professor Watts suggests that before the Norman Conquest women writers were far more involved in the literary scene than has been acknowledged. In fact, women's literature was thriving in pre-Norman times and Lioba was a part of that culture.

If this is so, it would help to explain why a not very well-known nun from the south of England became associated with a church so far removed from where she lived and worked. Beetham is on a direct trade route to the north. Travellers' tales could have been a source of stories about - or even by - Lioba. There is more research to be done. Watch this space

Brian Smalley

## Beetham Church Handbell Ringers

The Beetham Church Handbell Ringers once again had a whirlwind December, playing a programme of carols and Christmas music at Elmsfield House, Hartland House, and Lunesdale House, and also at Booths Milnthorpe in aid of Crisis at Christmas. The audiences were encouraged to join in the singing, and thank you to members of the choir who came along to lend their voices to the carols. The team also played for the Music, Mince Pies and Merriment event in the church and at the end of the Festival of Nine Lessons and Carols.



Also a big well done to the intrepid recorder players who learnt to play in a matter of weeks and played both with handbell accompaniment and solo. Listen out for more in 2020!

## Beetham Church Christmas Tree

The magnificent Christmas Tree in Beetham Church this year was kindly donated by Pru and David Jupe. It was certainly fresh, as it was cut down in their garden and transported straight to the church! The tree was erected and decorated in time for the School Nativity and will remain in place until Epiphany

With grateful thanks to Simon Greenwood and his chainsaw skills, and to all the team from church who manhandled the tree in the pouring rain. It was definitely worth all the puffing and panting as there have been many compliments on how lovely it has looked throughout the Christmas season



## Christmas at Beetham

The village celebrations began with the switching on of the **Christmas Tree** on the School Playing Field, accompanied by carol singing and followed by hot pot in The Wheatsheaf. There was also plenty of carol singing to accompany the handbell ringers on their seasonal tour, and yet more singing at the first **'Music, Mince pies, and Merriment'** event in church with the Beetham Band, Handbells, and members of the choir.

Impromptu singing (?) also seemed to accompany some of the many preparations for the celebrations in church—erecting and decorating the Christmas Tree, cleaning the church, setting up candles, arranging the flowers, providing catering, choir practicing, bellringing and organ playing, and organising service sheets, readers and rotas. Christingle-makers turned out in force to stick jelly-tots and raisins into oranges, and ensure that there were matches available for lighting the candles

With all this in place, the celebrations continued with **Carol Singing** around Slackhead and Beetham. There was no rain this year and the singing was definitely aided by generous offers of mince pies, pigs in blankets, biscuits and warming drinks. An incredible £504 was raised over the two nights plus the ringing evening at Booths, in aid of Crisis at Christmas

The candlelit church was the setting for the traditional **Festival of Nine Lessons and Carols**, with an augmented choir singing a wonderful programme of carols with grateful thanks to Geoff Field for his expert tuition, cajoling, accompaniment on the organ and conducting. We were also delighted to welcome back Alex Peters to share the organ playing and conducting at the service so brilliantly

On Christmas Eve, the Christingle and Blessing of the Crib service attracted over 250 people, with the children helping to enact the Christmas Story and forming a candlelit ring around the church. Final proceeds in aid of The Children's Society will be reported in next month's Gateway

Thanks go to all those whose hard work made Christmas so special; too numerous to mention everyone by name—but they know who they are!



This year we performed a new nativity - Bethlehem B & B

Bethlehem's smallest inn, The Happy Donkey, has been receiving some pretty horrible reviews in the local B&B guide! It appears that a rival innkeeper is employing some underhand tactics to boost the ratings and profits of his own establishment, Caesar's Palace Guesthouse! However, one magical, starry night, The Happy Donkey is THE place to be in town, as a stream of important visitors helps turn the tables, really putting this little inn (and its stable) on the map!

We all loved performing this nativity - it had a super script and fantastic songs which were catchy and really memorable. It was wonderful to see the church so full for all our performances and as well as having lots of fun we raised £186.00 for the Children's Society.



No  
Vacancies

# School Corner

Best wishes for 2020  
from Everyone at  
Beetham CE Primary School  
Wendy Nicholas



## December's Festivities & What's On in the New Year

The year's monthly get-togethers ended for members of Beetham WI at The Heron Corn Mill with their Christmas Party. The evening was enjoyed by all with a delicious meal from Alison Thompson and her staff and much chat and laughter throughout.

A few members also attended the Federation's Festival of Readings & Carols at Kendal Parish Church later that same week which was very festive.

With new members recently joining us, our WI is now growing in number as we begin the year with a varied programme of events. Details will be displayed on noticeboards in Milnthorpe and, soon, back in Beetham when a newly made noticeboard will be fitted in the New Year.

We will be back at the M:Hub for our first session of 2020 on **Tuesday 7<sup>th</sup> January** (7-9 pm) with a Talk by Sally Sagar entitled 'Call the Midwife & Other Stories' followed by some social time over a coffee. A warm

welcome awaits if you'd like to join us.

Advance Notice of our **Craft Evenings** – we will decide on the themes for each one at our January meeting but further details – and about our WI – can be obtained by emailing our Secretary at [beetham-wi@gmail.com](mailto:beetham-wi@gmail.com)

**theWI**  
INSPIRING WOMEN



**CRAFT EVENINGS**  
will be held during 2020 in the **M:Hub, Milnthorpe** on  
**Tuesdays: 18<sup>th</sup> February; 21<sup>st</sup> April; 16<sup>th</sup> June; 18<sup>th</sup> August & 20<sup>th</sup> October**  
7 - 9 pm  
Get inspired to have-a-go at new crafts that will be demonstrated or just bring your own project to do whilst you enjoy a coffee and chat!  
We're a relaxed and friendly group who try and help each other with craft projects.  
A small contribution (about £3) includes Coffee/Tea  
More information from [beethamwi@gmail.com](mailto:beethamwi@gmail.com)  
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### January Programme



art  
dance  
music  
film  
**the HERON theatre**

Tuesday 28th January 2.00pm  
**Lucian Freud: A Self Portrait** Exhibition on Screen

For the first time ever the Royal Academy of Arts in London, in collaboration with the Museum of Fine Arts in Boston, has brought together Lucian Freud's self-portraits. The exhibition displays more than 50 paintings, prints and drawings in which this modern master of British art, turned his unflinching eye firmly on himself.

Sunday 2nd February 2.30pm  
**The Roth Guitar Duo** Sam Rodwell & Emma Smith

The Roth Guitar Duo, who return to the Heron by popular request, were formed through a shared love of chamber music, in 2014, whilst studying at the Royal Northern College of Music. Sam and Emma always strive to create stimulating and varied programmes of interest to any music lover, ranging from the Renaissance, through later periods and including unpublished and newly commissioned works

Friday 7th February 7.30pm  
**Rocketman** FILM AT THE HERON 2019 [15] 2hrs 1min

A musical fantasy and biopic of the flamboyant, legendary singer, song-writer Elton John, following the transformation of Reg Dwight, a shy piano prodigy at the Royal Academy of Music, into the international superstar Elton John

Select your seats and book online at [www.theherontheatre.com](http://www.theherontheatre.com)  
Box Office open Fridays from 10am until 12noon or 015395 64283

## GOOD NEWS !!

Beetham Community Band has like everyone else has had a busy, productive time of late. Full of festive cheer we played at a fund raiser for the First Responders in Silverdale. A wonderful morning was had by all, and they would like us back!



Alongside Beetham handbell ringers, and some feisty singers, but no partridges, we had our very first MUSIC, MINCE PIES AND MERRIMENT day in the church. We are immensely grateful to the church for letting us practice and perform in such a beautiful setting.



As I am thanking and giving gratitude, HUGE thanks must go to Beetham Sports Committee. We had, if you remember, very kindly been granted £400 from Beetham Parish Council. In order to fulfil our dream of owning our own P.A. system and buying some new music for next year, BEETHAM SPORTS COMMITTEE matched this amount, making it all possible. We are so grateful for this support from them both; it means a great deal.

As always, new members are welcome at any time. Any instrument (let's hope Father Christmas brought you yours), never too late, too old, too anything. Just contact Tess on 015395 63254 or pop into church 10.30 am on Saturday mornings.

Wishing you all a Happy New Year, and thank you all once again for such wonderful support. Tess



## Come and Sing Day

**Saturday 15<sup>th</sup> February 2020**

10.00am - 5.00pm: St. Oswald's Church, Warton

**Vaughan Williams: Towards the Unknown Region**

**Haydn: Insanae et Vanae Curae**

Application form at:-

[www.eversleychoir.org/current-season/](http://www.eversleychoir.org/current-season/)

## the Heron Corn Mill

**Kate's : Bread Making Day**  
Sunday 19th January 9.30am - 4.00pm

Kate's first baking day of 2020 will take place on Sunday 19th of January, and due to demand it will now be an Italian bread making day. This one-day workshop is perfect for both novice and experienced bakers alike, and will cover the fundamentals of bread making using each of the flours ground at Heron Corn mill with an Italian twist! As always a delicious two course lunch, tea/coffee, and mid-morning cakes are provided, and all for just £55 per person! The workshop gets underway at 9.30am, and you can book your place by emailing Kate directly at [kate@heronmill.org](mailto:kate@heronmill.org).



Heron Corn Mill, Mill Lane, Beetham ~ 015395 64271

## QUEST

A friendly group, we meet to hear talks, often with slides, 2nd & 4th Thursdays, in

The Athenaeum, Leasgill at 10am

All are welcome!

**9th January : Trevor Hughes**  
**'Yards of Kendal'**

**23rd January : Andy Lowe**  
**'Inside a Lakeland Farmhouse'**

Contact Patricia McPoland 015395 62765  
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### Taster Day

on **21st February, 10am – 12.30pm**  
in Sizergh Castle

We need volunteers for Fridays, Saturdays & Sundays only.

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Volunteer Coordinator

Julie Miller at

[julie.miller@nationaltrust.org.uk](mailto:julie.miller@nationaltrust.org.uk)



**National Trust**



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- Communicating effectively & building trust
- The importance of comfort, how to detect pain and how dementia can affect vision
- Dealing with challenging behaviour
- Distraction methods
- Meaningful occupation and the importance of reminiscence and music.
- Looking after yourself and relaxation

Starting on Tuesday 21<sup>st</sup> January 2020 at the Educational Institute, Church Hill, Arnside LA5 0DF at 10.30am – 12.30pm, then the following 3 Tuesdays at the same time.

To book a place or find out more information email: [info@dignityindementia.org](mailto:info@dignityindementia.org) or ring Diane on 07771 682378 [www.dignityindementia.org](http://www.dignityindementia.org)

"Has helped me approach what I thought were insurmountable difficulties more easily and find a more relaxed approach." Family Carer

## Parochial Church Stewardship

A presentation by Sophie Hodge, Diocesan Stewardship Officer

Tuesday 7th January at 7pm  
The Heron Theatre, Beetham

A joint meeting between the parishes of Beetham and Arnside. All PCC and congregation members are warmly invited to attend



### Sunday Worship in the Kent Estuary area

#### ARNSIDE ST JAMES

8.00am: BCP Holy Communion  
9.30am: Morning Worship

Info: [arnsidevillage.co.uk](http://arnsidevillage.co.uk)

#### BEETHAM ST MICHAEL AND ALL ANGELS

11.00am: Parish Communion  
6.00pm: Sung Evensong  
5th Sunday, said service

Info: [beethamstmichaelandallangels.co.uk](http://beethamstmichaelandallangels.co.uk)

#### HEVERSHAM ST PETER

8.00am: BCP Holy Communion  
2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Sundays  
9.30am: Main Service:  
1<sup>st</sup> and 4<sup>th</sup> Sundays: Parish Communion (CW)  
2<sup>nd</sup> Sunday: Communion Praise (contemporary worship)  
3<sup>rd</sup> Sunday: All Age Worship

10.30am: 5<sup>th</sup> Sunday: United service with Levens & Milnthorpe  
6.30pm: 2<sup>nd</sup> Sunday: Open to God  
Info: [stpetersheversham.org](http://stpetersheversham.org)

#### LEVENS ST JOHN

10.00am: Parish Communion:  
2<sup>nd</sup> Sun: All-age worship; 5<sup>th</sup> Sun: United service  
Info: [levens.org.uk](http://levens.org.uk)

#### MILNTHORPE ST THOMAS

8.00am: BCP Holy Communion 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Sundays  
11.00am: Main Services 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>: CW Communion  
4<sup>th</sup> Sunday: Morning Praise  
5<sup>th</sup> Sunday: United service with Heversham & Levens  
11.00am: every week Sunday School for children  
Info via: [stthomasmilnthorpe.org.uk](http://stthomasmilnthorpe.org.uk)

#### STORTH VILLAGE CHURCH

10.30am: Methodist and Anglican services each week  
Info: Revd David Stretton 01524 761397

#### METHODIST SERVICES

ARNSIDE  
10.30am see website for details  
[arnsidemethodistchurch.org.uk](http://arnsidemethodistchurch.org.uk)

MILNTHORPE  
10.30am 3rd Sunday Worship  
3pm 2nd & 4th Sunday Fellowship meetings. In Milnthorpe M-HUB

LEVENS  
10.30am [levens.org.uk](http://levens.org.uk)  
Info: Revd David Stretton  
01524 761397 or 015395 63179

#### ROMAN CATHOLIC SERVICES

ARNSIDE  
OUR LADY OF LOURDES  
Saturday, 5.30pm

MILNTHORPE  
CHRIST THE KING  
Sunday, 10.30am

Info: Fr Philip Smith 015395 32731  
or Chris Noble 01524 762427



The Friends of Beetham Church organise events throughout the year to raise funds for the upkeep of the church and to maintain the strong sense of fun and community that exists in and around our church

Friends Membership is by Annual subscription of £10, a one-off payment of £100 for Life membership, or £150 for Joint Life members.

If you would like to play a part in maintaining our beautiful church for future generations please download the application forms at [beethamstmichaelandallangels.co.uk](http://beethamstmichaelandallangels.co.uk), pick up a leaflet at the back of church, or email [beethamnews@aol.com](mailto:beethamnews@aol.com) for a Membership pack

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## SOUTH LAKELAND AGE UK LUNCH CLUBS (12 for 12.30pm)

Arnside Lunch Club 1st Friday of month at The Albion, and Sandside Lunch Club 3rd Wednesday of month at The Ship - Christine Marland 01524 761566

Storth Club 2nd Thursday at The Kingfisher - Norah Padgett 015395 62887

Helpline: 01539 728180; [www.ageuk.org.uk/southlakeland](http://www.ageuk.org.uk/southlakeland)

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## SOUTH LAKELAND AGE UK

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Tuesday 10.30-11.30am  
Milnthorpe  
Catholic Church Hall

Tuesday 9.30-10.30am &  
Friday 10.30am-12noon  
Arnside  
Methodist Church Hall

Huw & Lorraine  
welcome you to  
The Old Beetham  
Post Office Shop  
& Tea Room



Open Thursday to Monday

Tel: 015395 62389

## Beetham Parish Council

The next meeting will be on

Monday 6th January at 7pm  
in Beetham CE School

Members of the public are welcome to attend  
Minutes of previous meetings can be found  
on the website at [www.beethampc.co.uk](http://www.beethampc.co.uk)