

Blackburn PEOPLE'S Choir

Here Comes the Sun!

A spring concert from Blackburn People's Choir
Directed by Jeff Borradaile

Saturday 11th May
at 7.30pm
in Beetham Church

Tickets £10, including wine & nibbles
from the Friends of Beetham Church Committee;
online at beethamstmichaelandallangels.co.uk;
or email beethamnews@aol.com


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THE GATEWAY

PARISH MAGAZINE OF
ST MICHAEL AND ALL ANGELS, BEETHAM

MAY 2019

Celebrate the glorious month of May...

May is a wonderful month! The sun is flying higher in the sky and it's getting warmer, the birds are singing, the flowers are blooming and the garden is growing. It's quite fitting that May is named after the Roman goddess Maia, who oversaw the growth of plants.

We celebrate May Day on 1st May when we traditionally mark the return of spring by bringing into our homes branches of forsythia and lilac blossom. The symbolic flowers for May are the hawthorn or lily-of-the-valley. The hawthorn represents hope, while the lily-of-the-valley symbolises sweetness or the return of happiness. May's birthstone is the emerald which represents rebirth and fertility. It is thought to have the power to grant foresight, cure various diseases, soothe fraught nerves, improve memory, and ensure loyalty. It is emblematic of love and success. The emerald is said to have been the favourite gemstone of Cleopatra. Taurus (the bull) and Gemini (the twins) are the zodiac signs for May.



May is a month of expectation, the expectation of a long summer ahead. It's a month of busyness for growing plants. It's also a busy month in the village of Beetham. On May 4th we have our famous Duck Race, a crazy morning where crowds of people stand on the banks of the River Bela to watch plastic ducks being thrown into the river. Which duck will reach the bridge in first position? There will be much excitement and encouragement from the bank as duck number 17 passes duck number 3 only to be overtaken by duck number 28 just before the finish line. Further down the river the duck catchers, risking drowning at worst and a thorough drenching at best, will be waiting with duck nets to capture all the aquatic athletes before returning them to the start for the next race. Fantastic prizes are on offer. Hot drinks and homemade cakes will be on sale to keep people refreshed. Children and staff from Beetham Primary School will be arranging fun activities and running stalls.

On the evening of May 11th we have the wonderful Blackburn People's Choir singing in the church and this will be a lovely event for all to enjoy. The following day on May 12th the garden will be opened to the public at Dallam Tower. Plants will be on sale, refreshments available and people will be able to wander around the beautiful garden. Our Annual Flower Festival in the church takes place from 25th May to 27th May. The church will be full of wonderful flower displays and exhibits. This year's theme will be Musicals. Beetham Community Band will play as will Beetham Hand Bell Ringers. Everybody is welcome to drop in at any time over the three days.

May is a beautiful month, with long days and short nights and the anticipation of even warmer weather to come during the summer months of June, July and August. Winter and all that brought is now a distant memory. The cyclical nature of village life and the natural world around us continues unabated in our beautiful and friendly rural community. Come and enjoy all that the village has to offer in this wonderful month of May.

'So carpe diem, gather buds, make hay. The world is glorious. Compare, contrast December with the merry month of May. Now is the time, now is the time to play' Thomas Dekker (d.1632)

Vivien Stirrup

www.beethamstmichaelandallangels.co.uk

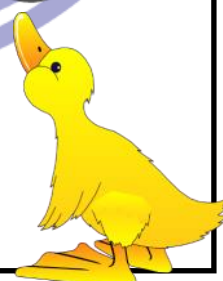


Dallam Tower
Open Garden
for charity
Sunday 12th May
from 2pm

Visit our
Church Plant Stall



Buy your Duck Race tickets in advance from
Beetham Old Post Office Store, Beetham
School, or John Lomax on 015395 62648.
Details on page 8





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June deadline for The Gateway

The Gateway always welcomes news and other items of interest to our readership.
The deadline for contributions for the June edition is
Wednesday 29th May

Please send contributions to the editor, Jenny Marks
Email: beethamnews@aol.com; Tel: 015395 62559

View current & past editions of The Gateway in full colour at beethamstmichaelandallangels.co.uk

THE PARISH OF ST. MICHAEL AND ALL ANGELS, BEETHAM

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- Business Manager	John Lomax		

Church Services at Beetham in May

Date	Time	Service
Wed 1st May	10am	Public Worship with Communion by Extension
Fri 3rd May	9am	School assembly
Sun 5th May 3rd of Easter	10am	Parish Eucharist
	6pm	Evensong
Fri 10th May	9am	School assembly
Sun 12th May 4th of Easter	10am	Parish Eucharist
	6pm	Evensong
Fri 17th May	9am	School assembly
Sun 19th May 5th of Easter	10am	Parish Eucharist
	6pm	Evensong
Fri 24th May	9am	School assembly
Sun 26th May 6th of Easter	10am	Parish Eucharist
	6pm	Choral Evensong


Please check Church noticeboards or
beethamstmichaelandallangels.co.uk for any changes

Choral Evensong

Our next full Choral Evensong will be sung on **Sunday 26th May at 6pm** to celebrate the Flower Festival. In the meantime the choir would like to make the following confession (with thanks - and apologies - to our choirmaster and organist Geoff Field):-

*Almighty and most merciful Conductor
We have erred and strayed from thy beat like lost sheep
We have followed too much the intonations and tempi of
our own hearts
We have offended against thy dynamic markings
We have left unsung those notes we ought to have sung,
And we have sung those notes we ought not to have sung,
And there is no support in us*

*But thou, O Conductor, have mercy upon us
miserable singers
Succour the chorally challenged
Restore thou them that need extra note bashing
Spare thou them which are without pencil
Pardon our mistakes and have faith hereafter we will
follow thy direction and sing together in perfect harmony*



Wedding

*The marriage of
Nick Owen & Janice Wilson
took place on Saturday 21st April*

*We wish the happy couple Faith, Hope & Love
in their future lives together*



Christian Aid Week 2019

There will be no door to door collection for Christian Aid envelopes this year. Instead we are asking for donations to be made at the church services on Sunday 19th May. Envelopes will be given out at church on Sunday 12th May, and will also be available at the back of church for those wishing to make a donation during the week

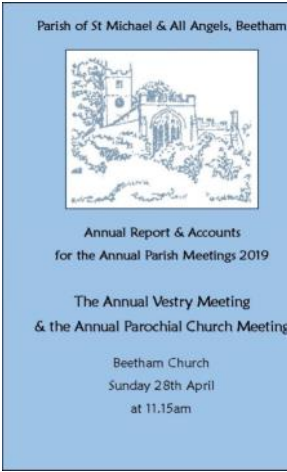
The focus of giving this year is on helping vulnerable mothers in Sierra Leone by funding health workers equipment, such as bicycles and solar powered torches, and improving health centre facilities. Christian Aid is also supporting the Rise Up campaign against climate change, providing training to protect and manage natural resources, and equipment to support eco-friendly income generating activities in the Philippines.

If you would like any further information please contact Anne Clarke or any of the churchwardens

Annual Church Report

The Annual Vestry Meeting and Annual Parochial Church Meeting will be held in church on Sunday 28th April after the Morning Service

The Annual Report is now available at the back of church and on the church website on the About Us / Annual Reports webpage. Please do take time to read it as a reminder of just how much activity is constantly taking place in church and behind the scenes!



MATINS

Just beyond the boundary wall
lies the churchyard, Gods garden:
pale headstones stand in the grass
clustered like springtime daisies.

Noisy rooks leave the tower
to fly in congregation;
bold blackbird, the chorister
then sings his matin praises.

© Sheila MacInnes 2019



1905 postcard, showing a large headstone on the left which is no longer there

Churchyard Recording Project

Beetham Church is one of many churches that are part of an interactive web-based Burial Ground Management System, developed by technology company Atlantic Geomatics. You may recall that our churchyards were scanned by a drone, and since then our old burial records - stored in Kendal Archives and dating back to 1604 - have been uploaded to the online database

The next step is to record the detail of each headstone. We already know that several gravestones have had to be removed for safety reasons or have simply crumbled away over the years. The aim is therefore to preserve the information digitally by taking photographs of all the remaining headstones. In order to do this each headstone needs to be cleared of moss and lichen, to make the inscriptions as legible as possible prior to photographing. **This is a mammoth task and we would like your help! If you would be willing to 'adopt' a headstone to clean it up please contact Dennis Wright for more details or sign the list at the back of the church.** This is a one-off exercise, but one that will provide a fascinating searchable history of our churchyards for generations to come

April Work Party

Braving the elements for the April Work Party in the new burial ground were Fabric Committee members John Lomax, Harry Parrott, Brian Smalley, Dennis Wright, and Ian Stirrup.

Thanks go to them for all their hard work in clearing ivy, shrubs and branches before the growing season begins, making the ongoing churchyard maintenance easier to carry out during the year



A special thank you also goes to Tess Rowlands for the provision of very welcome bacon butties for the workers!

Beetham Bellringers AGM

The joint tower and handbellringers AGM was held in The Wheatsheaf on 1st April (the date was pure coincidence). The Chairman, Viv Stirrup, controlled the proceedings admirably, and all committee members were reappointed unanimously before they had chance to object. The Secretary reported he had not received any correspondence of note; the Treasurer's report was extended by the introduction of cake; and the Tower Captain reminded everyone that it was the 20th anniversary of the rehanging of the bells, at which point there was a reprise - from the original Bell Appeal launch in 1996 - of the Pirates of Penzance song 'I am the very model of a modern campanologist' by Phil Marks accompanied by Geoff Field on a piano that somehow appeared in the bar

Strangely, those attending for the first time were heard to comment at the end of the evening that they had never been to an AGM quite like it before. Sounds like the gauntlet has been thrown down for next year!

Beetham Band



Busy times are ahead for Beetham this month, including Beetham Community Band. We have been working towards St Michael and All Angels Church Annual Flower Festival (see opposite page). As you may know this year's theme is Songs From The Musicals. They have certainly been keeping us on our toes! But mostly we are having a great deal of fun. We will be playing and singing throughout the Festival weekend. Please come and join us, or better still come and play! Should you just fancy a chat about what being a band member entails there will be plenty of us around.

Primarily we are about fun, making music and friends. Stress is not welcome - we are there to enjoy making music. Which results in some lovely comments, the most recent being "you are much better than I thought"! Thanks John. (No money passed hands to facilitate this remark...)

Should you wish to know more please call Tess on 015395 63254

Easter at Beetham Church

Holy week began with the school processing to the church with waving palms, led delightfully this year by Ryan the horse. The children stopped at the stocks to hear the Easter story told by Jesus, and then followed Ryan and Jesus to the church for their Easter Assembly. The school had prepared a colourful table full of lovely Easter crafts that they had made, which is still on display in the church

During the week services were held in church every day, including the traditional Maundy Thursday stripping of the altar, Good Friday Hour at the Cross, and Holy Saturday Lighting the Fire. During the Saturday the church was filled with beautiful flower displays in the Easter colours of white, yellow, and purple, and the Easter Garden created by Dianne Lomax. Nearly 100 people attended the Easter morning service, and daffodils were placed in Sandy's Cross at the church entrance. The end of Holy Week was celebrated with a full Choral Evensong on the Sunday evening

Thanks go to Revd Canon David Peacock and the Revd Geoff Turner for leading such poignant worship throughout the week; to Geoff Field and the choir for the glorious music; to Dianne and the flower arrangers and to Wendy Nicholas and the school for making the church look so welcoming; and to Hannah Gardner for bringing Ryan



Annual Flower Festival, 25th—27th May

Programme of Events

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### Saturday 25th May

Festival open: 10am-5pm

Beetham Band: 11.30am-1pm

Beetham Handbells: 2-3pm

~

### Sunday 26th May

Festival open: 11am-5.30pm

Beetham Handbells: 11.30am-12.30pm

Beetham Band: 2-3.30pm

~

### Monday 27th May

Festival open: 10am-5pm

Beetham Band: 11.30am-1pm

Free entry ~ donations welcome

Each year the church is filled with colour, scent and creativity during the Spring Bank Holiday weekend, as the church flower arrangers rise to the challenge of designing a themed display. This year the theme will reflect our strong music tradition by looking back at 100 years of spectacular West End and Broadway Musicals. The flower festival will also feature a Musicals exhibition, and if you have any items such as souvenir show brochures or vinyl LP covers that you would be willing to loan for the weekend please get in touch with Jenny Marks or Sarah Easton.

Live music will be provided by the Beetham Band and the Beetham Handbellringers playing some of the inspiring Songs from the Shows. There will also be refreshments available and Musicals competitions and quizzes for children and adults to try

We may not have dry ice, spinning scenery, swinging chandeliers or be on roller-skates but the Flower Festival certainly promises to be dramatic and entertaining, so please come and join us!





# School Corner

On Thursday 18<sup>th</sup> April the whole school had a fantastic Outdoor Learning day at Leighton Moss, RSPB Nature Reserve. 53 children, including 5 of our nursery children, and 11 adults spent the day taking part in a wide range of activities led by Carol Bamber and her team of volunteers.

EYFS/KS1 had a super workshop about 'Brilliant Birds'. Here the children looked for birds, explored the different places that they like to live and discovered what is special about birds. Children in Yr 1 & 2 also learnt about how to recognise different birds and what they need to survive. Later in the day the children became 'Plant Detectives', looking at why different plants grow in different places, what they need to survive and learning about the main parts of plants and how to identify them.

KS2 focused on living things and their habitats. They explored and identified invertebrates in their habitats and thought about how creatures adapt to the habitat where they live. The learnt about food chains and began to classify invertebrates and consider why they belonged to particular groups. Pond dipping was a favourite activity! The children were taught how to pond dip carefully to protect the pond environment and then looked at the different creatures they found and thought about where in the pond they liked to live and why. They then used classification charts to identify the creatures before returning them to their habitat.

As you can see this was a very interesting and well planned day to ensure that the children learnt as much as possible during their time at Leighton Moss. We were really pleased that several of our governors accompanied this visit and enjoyed learning alongside the children:

"I really enjoyed looking round Leighton Bird Sanctuary for the first time and the children were absolutely spot on and obviously got a lot out of the day."

"It was my pleasure - I thoroughly enjoyed the day and I learnt loads too. The weather was certainly an added bonus and as usual the children were a joy to be with."

As you can see from the photographs this was a super day and our thanks go to Leighton Moss for making it such a valuable learning experience for everyone.

Best wishes, Wendy Nicholas





## Beetham & Beyond

### Beetham Big Duck Day Saturday 4th May, 11am

**Annual Duck Race**  
on the River Bela at Ellers Meadow  
with grateful thanks to Mr & Mrs Gardner

- ◇ Fantastical Duckreations all round the village from early morning \*
- ◇ Race Heats on the River from 11am
- ◇ The 3 winning ducks of all 10 heats go forward to the GrandQuackers Final
- ◇ Friends of Beetham Church Refreshment Tent
- ◇ Beetham CE School Duck-related Stalls and Games

\* If you live in Beetham please can you have your duckreations ready for judging by 9.30am, to be in with the chance of winning this year's coveted rosettes and special prizes... There is no set theme, so let your imaginations run wild as usual!

### How to Win on Duck Day

#### 1. Own a duck

Each duck in the 10 race heats is numbered. You can 'own' a duck by buying a ticket with the heat number and duck number on it (eg Heat 5, Duck 22). Tickets cost £1 and can be purchased in advance (see back page for details) or on the day (although they sell out fast). The winning three duck owners in each heat will go forward to the Final where your duck will be given a name (Alfie, Betty etc).

The winning owner of the Final will receive £100 cash, and many other prizes available

#### 2. Bet on the GrandQuackers Final Tote

The 30 ducks in the Final will each be named instead of numbered. Even if you do not own a winning duck you can still buy tote tickets on the day for £1. If your chosen duck name comes 1st you win £10, £5 for 2nd or £3 for 3rd place!



### KENDAL SOUTH CHOIR AND ORCHESTRA

Mendelssohn

## ELIJAH

Directed by Geoffrey Field

Katy Thomson (soprano)  
Sarah Jillian Cox (mezzo soprano)  
Jacob Clark (tenor)  
Charles Murray (baritone)

St Thomas's Church, Kendal  
Saturday 4th May 2019, 7.30pm

Tickets £12 (under-18s free)  
from Fantastic Kendal, Finkle Street, Kendal,  
from choir members, or at the door

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## What's On Guide

### Beetham Sports 2019

The AGM of Beetham Sports took place on 18th April and the following Officers were duly elected:

President - Clinton Ormrod;  
Chairman - this would be split between  
Simon Greenwood and Paul Lusted;  
Vice-Chairman - David Shaw;  
Treasurer - Cheryl Greenwood;  
Secretary - Dennis Wright

The following grants were then approved:  
Fire Service £100, Hale Bowling Club £100,  
Rosemere Cancer Foundation £500,  
The Gateway £100, and Beetham School £300



This year Beetham Sports is celebrating its centenary and will be held on Saturday 27th July. The Committee hopes to see you all there.

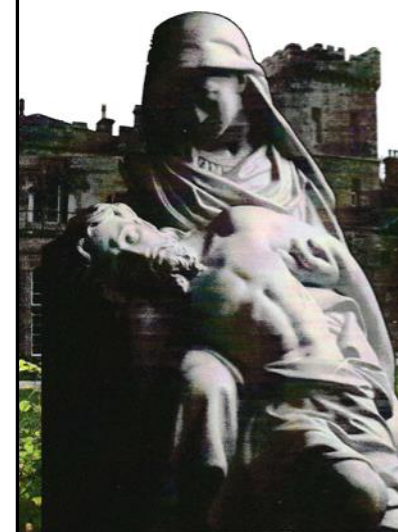
See the next edition of The Gateway for more details of this special Centenary 'Grand Day Out' for all the family!

### Stabat Mater by Dvorak

Sunday May 19th 2019 at 7:00 pm

Conductor - Ian Jones

Orchestra leader Pam Redman



Soloists

Lucy Mellors  
Sarah Jillian Cox  
Jacob Clark  
Charlie Murray

Programme also includes  
Mendelssohn's  
Overture  
The Hebrides

Capernwray Hall, Capernwray, Carnforth LA6 1AG  
Tickets £15 Children and Students £5 - from Choir members  
TELEPHONE 01539 621559 - www.eversleychoir.org

EVERSLEY CHOIR



### Pop in for Coffee & Cake

## Beetham Village Coffee Morning

Wednesday 1st May  
10.45am in the Church

There is no charge and all are welcome

### Heron Corn Mill Events in May

Friday 3rd May, Mill Tour & Demonstration  
11.30am-1pm. Tickets £5 (under 16 free)

Sunday 12th May, National Mills Weekend  
1.30-4pm. Turning flax to linen

Thursday 16th May, Museums at Night  
7-8.30pm. The medieval origins of Heron Corn Mill. Tickets  
£7 (under 16 free)

Saturday 18th May, Kate's Super Bake Day  
9.30am-4pm. Cake and bread making workshop, price £60

Thursday 23rd May, Games & Sandwiches Afternoon  
1-4pm. Celebrating National Sandwich Week. Free entry

For more information please go to [www.heronmill.org](http://www.heronmill.org)



Heron Corn Mill, Mill Lane, Beetham ~ 015395 64271

### Beetham WI

## A Tasty Evening

For our April meeting we all enjoyed a Seasonal Cookery demonstration by Laura Harker when we were able to taste the delights afterwards.

We have a change to our printed programme for our next get-together at the M:Hub on Tuesday 7th May, 7-9pm when we will be having a 'Social Evening'. Expecting there will be much chat and laughter

if previous such evenings are anything to go by!

Do come and join us.  
£3 for Guests - includes Tea/Coffee



theWI  
INSPIRING WOMEN





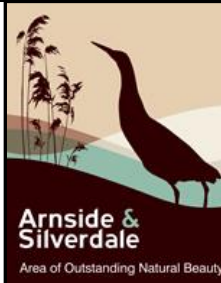
## GeoWeek Family Walk and Geocaching, Sunday 5th May

Arnsdale & Silverdale Area of Outstanding Natural Beauty is working with Cumbria GeoConservation & Westmorland Geological Society to run a fantastic, free, family walk and treasure hunt on Sunday 5th May as part of its programme of WILD! family activities.

Audrey Brown of Cumbria GeoConservation & Westmorland Geological Society will be leading the walk around Trowbarrow Local Nature Reserve in Silverdale. We'll see some amazing rocks and fossils and think about how different the climate was here around 300 million years ago. You'll also get an opportunity to try out geocaching, a world-wide outdoor treasure-hunting activity, using a phone GPS to find boxes hidden in the quarry.

There are two sessions through the day 11am-12.30pm, and 2-3.30pm. The walk will be fairly flat with some very slight clambers over rocky patches. The event forms part of GeoWeek, a nationwide initiative that seeks to introduce the public to parts of their local landscape, shaped over millions of years by geological processes, through outdoor activities such as urban, rural or coastal field trips.

Places are free, but must be booked in advance by emailing [info@arnsidesilverdaleaonb.org.uk](mailto:info@arnsidesilverdaleaonb.org.uk)



## ARNSIDE HIGHLIGHTS

Arnsdale Educational Institute, Church Hill, Arnsdale

Sunday 9th June at 7.30pm

"The Chef Show"

Backstage tales of working on a busy night in the local curry house, plus a spicy cookery demonstration and tasting

Tickets £8 (adults) & £4 (under 18s) from Sue Hayward 01524 762254, [suediane57@gmail.com](mailto:suediane57@gmail.com)

## Westmorland Orchestra

May 18th 2019 at 7.30pm

Westmorland Hall Kendal

Music Director - Richard Howarth  
with Lily Whitehurst - Violin

Schubert - Symphony No.6 in C  
Bruch - Romance in A minor, Op42  
Brahms - Serenade No.1 in D

Tickets from [www.westmorlandorchestra.org.uk](http://www.westmorlandorchestra.org.uk)  
or 01524 412837



## Beetham Parish Council

The next meeting will be on  
**Monday 13th May at 7pm**  
in Storth Village Church

Members of the public are welcome to attend  
Minutes of previous meetings can be found  
on the website at [www.beethampc.co.uk](http://www.beethampc.co.uk)

## Dementia-friendly walks

7th May, meet at Wolf & Us Cafe Silverdale

14th May, meet at RSPB Leighton Moss

21st May, meet at Holgates Holiday Park

28th May, meet at The Wheatsheaf Beetham

Easy guided walks for people living with  
dementia & their carers

Tuesdays 10-11am

Optional visit to a café/pub afterwards

No charge & no need to book

For further information please visit  
[www.arnsidesilverdaleaonb.org.uk/events/](http://www.arnsidesilverdaleaonb.org.uk/events/)  
or contact Feleena Taylor on 07474588585



The Church of England  
around the Kent Estuary

## Sunday Worship in the Kent Estuary area

### ARNSIDE ST JAMES

8.00am: BCP Holy Communion  
10.30am: Morning Worship, usually with Communion  
2nd Sunday: All-age Worship  
4.30pm: 2nd Sunday Celtic Communion  
Info: [arnsidevillage.co.uk](http://arnsidevillage.co.uk)

### BEETHAM ST MICHAEL AND ALL ANGELS

10.00am: Parish Communion  
6.00pm: Sung Evensong (5th Sunday: said BCP Evening Service)  
Info: [beethamstmichaelandallangels.co.uk](http://beethamstmichaelandallangels.co.uk)

### HEVERSHAM ST PETER

8.00am: BCP Holy Communion  
2nd, 4th and 5th Sundays  
9.30am: Main Service:  
1st and 4th Sundays: Parish Communion (CW)  
2nd Sunday: Communion Praise (contemporary worship)  
3rd Sunday: All Age Worship  
10.30am: 5th Sunday: United service with Levens & Milnthorpe  
6.30pm: 2nd Sunday: Open to God  
Info: [stpetersheversham.org](http://stpetersheversham.org)

### LEVENS ST JOHN

10.00am: Parish Communion:  
2nd Sun: All-age worship; 5th Sun: United service  
Info: [levens.org.uk](http://levens.org.uk)

### MILNTHORPE ST THOMAS

8.00am: BCP Holy Communion 1st, 3rd & 5th Sundays  
11.00am: Main Services 1st, 2nd and 3rd: CW Communion  
4th Sunday: Morning Praise  
5th Sunday: United service with Heversham & Levens  
11.00am: every week Sunday School for children  
Info via: [stthomasmilnthorpe.org.uk](http://stthomasmilnthorpe.org.uk)

### STORTH VILLAGE CHURCH

10.30am: Methodist and Anglican services each week  
Info: Revd David Stretton 01524 761397

### METHODIST SERVICES

ARNSIDE  
10.30am see website for details  
[arnsidemethodistchurch.org.uk](http://arnsidemethodistchurch.org.uk)

MILNTHORPE  
10.30am 3rd Sunday Worship  
3pm 2nd & 4th Sunday Fellowship  
meetings. In Milnthorpe M-HUB

LEVENS  
10.30am [levens.org.uk](http://levens.org.uk)  
Info: Revd David Stretton  
01524 761397 or 015395 63179

### ROMAN CATHOLIC SERVICES

ARNSIDE  
OUR LADY OF LOURDES  
Saturday, 5.30pm

MILNTHORPE  
CHRIST THE KING  
Sunday, 10.30am

Info: Fr Philip Smith 015395 32731  
or Chris Noble 01524 762427



The Friends of Beetham Church  
organise events throughout the year to raise  
funds for the upkeep of the church and to  
maintain the strong sense of fun and community  
that exists in and around our church

Friends Membership is by Annual subscription  
of £10, a one-off payment of £100 for Life  
membership, or £150 for Joint Life members.

If you would like to play a part in maintaining  
our beautiful church for future generations  
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[beethamstmichaelandallangels.co.uk](http://beethamstmichaelandallangels.co.uk), pick up a  
leaflet at the back of church, or email  
[beethamnews@aol.com](mailto:beethamnews@aol.com) for a Membership pack

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### Beetham Church Heritage Trust

is registered with the donation website at  
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For details of the Friends of Beetham Church and how to  
become a member see the top of this page or visit  
[beethamstmichaelandallangels.co.uk](http://beethamstmichaelandallangels.co.uk)

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## SOUTH LAKELAND AGE UK LUNCH CLUBS (12 for 12.30pm)



Arnsdale Lunch Club 1st Friday of month at The Albion, and Sandside Lunch  
Club 3rd Wednesday of month at The Ship - Christine Marland 01524 761566  
Storth Club 2nd Thursday at The Kingfisher - Norah Padgett 015395 62887

Helpline: 01539 728180; [www.ageuk.org.uk/southlakeland](http://www.ageuk.org.uk/southlakeland)

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