



Hello,
Spring!

THURSDAY 22ND MARCH
7.30pm in the Garden Cafe

A NAFAS Floral Demonstration with Joan Bentley
Celebrate the arrival of Spring with an evening of seasonal floral arranging lead by established NAFAS demonstrator, Joan Bentley. Enjoy an evening filled with colourful blooms, and learn how to create stunning floral centrepieces accompanied by expert tips and tricks.

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March Programme **art dance the HERON theatre music film**

Sunday 4th March **The Prima Wind Quintet** Matinee 2.30pm RNCM

Formed in 2014, the Prima Quintet enjoy playing many different music genres, ranging from contemporary and classical to film and jazz

Friday 9th March **Where is Mrs Christie** 7.30pm On a Role—Worcester

Missing for 11 days in 1926, Agatha Christie claimed she was suffering from amnesia. Did she lie, or will a darker secret be revealed?

Tuesday 13th March **God's Own Country** 7.30pm (2017) [15] - 1 hour 45 mins

When a handsome Romanian migrant arrives to work on the family farm in Yorkshire, Johnny's lonely life is overtaken with new emotions

Saturday 17th March **Sally Barker & Brooks Williams** 7.30pm Laughing Dog Music

Meet two wonderfully charismatic guitarists and singer-songwriters with long collaborative careers spanning across the globe

Friday 23rd March **Jane Eyre - The Autobiography** 7.30pm Dyad Productions

Struggling to think beyond stifling expectations of duty, Jane Eyre takes a journey with Edward Rochester towards sensual liberation

Friday 6th April **The Lunchbox** 7.30pm Part Subtitled (2013) [PG] - 1 hour 44 mins

A mistaken delivery in Mumbai starts a friendship via lunchbox notes

Select your seats and book online at www.theherontheatre.com
Box Office open Fridays from 10am until 12noon 015395 64283



THE GATEWAY

PARISH MAGAZINE OF
ST MICHAEL AND ALL ANGELS, BEETHAM

MARCH 2018

Mountains have always, it seems, been a source of inspiration for poets and dreamers. From the writers of the Old Testament to authors in the twentieth century, references to mountains and hills abound. "I will lift up mine eyes unto the hills, from whence cometh my help" says the Psalmist. The Bible, both in the Old and the New Testament has countless references to hills and mountains. Moses brought down the Ten Commandments from Mount Sinai. Elijah ascended into heaven from Mount Horeb. The 'Sermon on the Mount' recounted in St. Matthew's gospel provides us with many of the best known teachings of Jesus, including the Beatitudes and the basis of Lord's Prayer.

The Diocese of Carlisle encompasses the highest mountains in England and covers perhaps the most concentrated area of upland country of any English county. So when Bishop James launched the Carlisle Diocese's initiative to give everyone in Cumbria a chance to find out more about Christianity and experience what the Church has to offer, what more natural than that he should announce as an attention grabbing headline, 'Moving Mountains'.

Mountains present a challenge. When George Mallory was asked in an interview with the New York Times in 1923 why he was prepared to risk his life in attempting to climb Mount Everest he reportedly replied: 'Because it is there'. His answer, while providing a snappy 'sound-bite', goes only part of the way to explaining what for him was surely more than a physical challenge. It is sometimes difficult to explain to those who do not share the same beliefs that combination of inspiration, fear, self-doubt and the need to prove oneself that pushes people like Mallory to attempt what others might call impossible and foolhardy. In challenging us to 'Move Mountains', Bishop James is calling on us to respond to our own self-doubt and fear of the unknown.

This month marks the focal point of the 'Moving Mountains' initiative and every area within the Diocese has been challenged to go outside its comfort zone and do something to spread the message that the church is here and that it has something practical to say to the wider public. For three days, from 8th to 11th March volunteers across Cumbria will be working to bring the message of Christ's love to all. Volunteers from the Kent Estuary Group of churches have arranged a programme of events, based on the theme of 'Who is my Neighbour?', culminating in a 'Big Soup' event in Arnside on Saturday 10th. Apart from soup (and cakes!), the event will provide an opportunity for those who wish to find out more about Christianity to be given support and shown where to find further help. There will be also be an invitation to Mothering Sunday services the following day, Sunday 11th March, in each parish, including Beetham.

When giving thanks there is always a risk that someone will be omitted from the list, but we must nevertheless give a big vote of thanks here in Beetham to David MacInnes who has flown the flag for Beetham with the Kent Estuary Group, attending meetings and liaising between the group and St Michael & All Angels, and also to Dorothy and Andy MacLeod who have taken the lead in giving practical help with the organisation of the Kent Estuary Group's initiative. Viv Stirrup and Sarah Easton have been involved in arranging Dementia Friends sessions in Milnthorpe and Arnside and are looking towards organising similar events based in Beetham. Thanks to their efforts, and those of many others throughout the Kendal Deanery and the Diocese of Carlisle, 'Moving Mountains' has been very successful in raising awareness of the presence of Christianity and the role of the Church with the wider public and in attempting to answer the question, 'Who is my Neighbour?'

The impact of a major initiative such as 'Moving Mountains' can be dramatic. It is also important to remember, I think, that in less ostentatious ways, there are many people both here in Beetham and further afield who continue to work day in, day out to provide support to the needy and to demonstrate their faith in practical ways. Rev'd David Peacock suggested in one of his memorable sermons last year that one true measure of a church's worth is to ask, 'Would it be missed if it wasn't there?' I am sure that here in Beetham, the answer to that question is a big, 'Yes'. **Brian Smalley**

MOVING MOUNTAINS IN THE KENT ESTUARY

THE BIG SOUP

YOU ARE INVITED TO... POSTER DESIGNED BY JOSEPH McLAUGHLIN

Come at Saturday 10th March 4-6pm WI Hall, Orchard H Arnside!

Everyone Welcome

Come at 4pm with:
A piece of veg for the soup
A piece of fruit for the salad
Something for the Food Bank
An adult (eg. you are a child)

GAMES! CRAFTS! ACTIVITIES! SOUP

Moving Mountains By Joseph

SATURDAY 10th MARCH 4-6 WI HALL ORCHARD ROAD, ARNSIDE



STORTH MOTHER & TODDLER GROUP
 Heron Hall, Storth
 Tuesdays and Thursdays, 10am - 12noon
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 Enquiries to Tina on 015395 - 62281



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THE PARISH OF ST. MICHAEL AND ALL ANGELS, BEETHAM

Priest-in Charge	<i>Vacancy</i>		
Lay Chair/Churchwarden	Brian Smalley	015395 64778	b.e.smalley@btinternet.com
Churchwarden	John Dugdale	01524 781570	johndugdale2332@gmail.com
Churchwarden	Ian Stirrup	015395 64320	ianstirrup02@gmail.com
PCC Secretary	Dorothy MacLeod	015395 62062	admdhm@live.co.uk
PCC Treasurer	<i>contact Churchwardens</i>		
Church Flowers	Dianne Lomax	015395 62648	diannelomax@btinternet.com
Bell Tower Captain	Jenny Marks	015395 62559	jenny.marks@btinternet.com
Beetham C of E School	Wendy Nicholas	015395 62515	head@beetham.cumbria.sch.uk
"The Gateway" - Editor	Jenny Marks	015395 62559	beethamnews@aol.com
- Business Manager	John Lomax	015395 62648	gatewayads@btinternet.com

Church Services at Beetham in March

Date	Time	Service
Fri 2nd March	9am	School Assembly
Sun 4th March 3rd of Lent	10am	Parish Eucharist
	6pm	Evensong
Wed 7th March	9.30am	*Communion by Extension
Fri 9th March	9am	School Assembly
Sun 11th March Mothering Sunday	10am	Parish Eucharist, with School
	6pm	Evensong
Wed 13th March	9.30am	*Communion by Extension
Fri 16th March	9am	School Assembly
Sun 18th March Passiontide begins	10am	Parish Eucharist
	6pm	Evensong
Wed 21st March	9.30am	*Communion by Extension
Fri 23rd March	9am	School Assembly
Sun 25th March Palm Sunday	10am	Eucharist & Palm Procession
	6pm	Evensong

Holy Week		
Mon 26th March	9.30am	Holy Communion
Tue 27th March	9.30am	Holy Communion
Wed 28th March	9.30am	Holy Communion
Thu 29th March Maundy Thursday	2pm	Palm Assembly (procession leaves school 1.45pm)
	7pm	Last Supper Eucharist
Fri 30th March Good Friday	2pm	Hour at the Cross
Sat 31st March	7pm	Lighting the Flame
Sun 1st April Easter Day	10am	Easter Eucharist
	6pm	No Evensong

Wednesday morning services marked * are
 Public Worship with Communion by Extension

Please check Church noticeboards or
 beethamstmichaelandallangels.co.uk for any changes

**Passiontide and Holy Week
 at St Michael & All Angels**

Sunday 18th March, 10am ~ Passion Sunday
 Passion Sunday marks the start of Passiontide, the last
 two weeks of Lent leading up to Holy Saturday

Sunday 25th March, 10am ~ Procession of Palms
 Palm Sunday celebrates the day Jesus entered Jerusalem
 on a donkey, the week before his crucifixion

Monday 26th - Wednesday 28th April,
 daily at 9.30am ~ Holy Communion

Thursday 29th March, 7pm ~ Maundy Thursday
 Recalling the Last Supper and Jesus washing his disciples feet
 on this night. The altar is stripped in symbolism of Jesus
 being stripped by the Roman soldiers prior to His crucifixion

Good Friday, 2pm ~ Hour at Foot of the Cross
 Good Friday is a reminder of the pain of Christ's
 crucifixion. The name is said to have derived from
 'God's Friday' when Good actually meant Holy, or
 Jesus' suffering marking the good news of deliverance

Holy Saturday, 7pm ~ Lighting of the Easter Fire
 Holy Saturday commemorates the day of meditation
 and prayer when Christ's disciples were awaiting His
 resurrection. The service includes the lighting of the
 Easter Fire and the Paschal candle

Easter Sunday, 10am ~ First Eucharist of Easter
 Easter Sunday celebrates the day that Jesus came back to
 life three days after his death on the cross

All are welcome to every service, and families are
 particularly welcome to join us on Easter Sunday

Baptism

Joseph Walter Allen,
 son for Craig & Julie,
 was baptised on Sunday 18th February

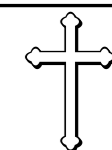
We welcome him into Beetham Church



Funeral

Our prayers and condolences are
 with the family of

Doreen Mary Beale
 Monday 5th February



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To book space call John on 015395 62648 or email gatewayads@btinternet.com
 Visit our website at beethamstmichaelandallangels.co.uk to see past editions of The Gateway



MOVING MOUNTAINS
8 - 11 MARCH, 2018

'Who is my Neighbour?'

The Kent Estuary are very pleased to welcome a team of six people for the Moving Mountains weekend: **Geoff and Jean Pearson, Rachel Bennetts, Helen Burn, Andrew Emerton And Richard Frank**
Moving Mountains in the Kent Estuary is all about loving our neighbours as ourselves. Look out for individual posters, fliers and invitations for specific details, but here's the headlines:-

- **Thursday night - Meet the Panel with a Pint** at the Cross Keys in Milnthorpe from 7.30pm
- **Friday Shoppers' Thought for the Day** at St Thomas' Milnthorpe at 10am
- **Coffee Mornings** at St Thomas' and M:HUB with **Dementia Friends**, 10am-noon
- **Friday Market in Milnthorpe - 'Moving Mountains Invitations Table'**
- **'Ask a bishop absolutely anything'** at Storth School from 1-3pm
- **'Hymns and Cakes'** at Arnside National School and St James' Church at 4pm
- **'Care in the Community'** at Levens Methodist Church from 2-4.30pm
- **Saturday Men's Breakfast** with open invitation to **'Grill a Bishop'** at St Thomas Milnthorpe, 8am
- **M:HUB Coffee Morning** at 10.30am including a **'Dementia Friends Session'** from 11-11.45am
- **'Dog Walk God Talk'** on Arnside Knott – rendezvous at Arnside Cemetery at 9am
- **'Caring and Sharing drop-in café'** Multigenerational cards & games at St Thomas Milnthorpe, 2-4pm
- **KE Multigenerational Big Event: 'The Big Soup'** at the WI Hall in Arnside (see back page)
- **Dementia Hub** including a **'Dementia Friends Session'** at Arnside Methodist Church, 2.45-3.30pm
- **Mothing Sunday** services, with Team members taking a special role in each service
- Throughout Moving Mountains, random acts of kindness and other small events!



The Church of England
around the Kent Estuary

Mothing Sunday
at Beetham Church
11th March
at 10am

Families are especially welcome to join our Mothing Sunday Service, which will be led by members of Beetham CE School in the readings and prayers, and in the giving of daffodil posies

Dementia Friends



- A Dementia Friend is someone who
- Attends an information session, or
 - Watches the Dementia Friends online video
 - Turns their understanding into practical action

The Dementia Friends programme is the biggest ever initiative to change people's perceptions of dementia. It aims to transform the way the nation thinks, acts and talks about the condition, and it aims to help you learn more about dementia

If you would like to find out more, please contact the Cumbria Church Dementia Enablers for Beetham:-
Viv Stirrup on 015395 64320
Sarah Easton on 015395 62458



Shrove Tuesday Supper & Quiz

The Shrove Tuesday Supper was held in the Heron Corn Mill Barn and was a sell-out. As always we were treated to a delicious meal of cottage pie with all the trimmings, followed by freshly made pancakes, with second helpings on offer for anyone that still had room

This was followed by a fiendish Quiz set again by quizmasters Clive and Val Holden. Competition was fierce; stage whispers abounded; and much laughter was heard with some interesting alternative answers deliberately being 'fed' to neighbouring teams. Marking each other's papers resulted in 'tut tut's' and stewards enquiries. At the same time, the separate UK geography quiz paper was thought-provoking and testing. However, at the end of the evening, the geography brains turned out to be the 'Real Bellringers', followed minutes later with the announcement that they were also victorious in the main quiz! Double congratulations to them, and to the Bird Table who came second, and the Allsorts who came third

Thanks go to Dianne & John Lomax for organising the event, to Clive & Val for the quiz, to Julie & Colin for the raffle, to the serving helpers and clearer-uppers, to Alison and her team for a superb meal, and to Katriona for assuring us that the only way is ESSEX!



BIG MOON

Midnight draws back
the dark curtain of cloud:
big moon takes centre stage
lighting up a jigsaw of tiles
on Martin's old barn roof:
she hangs in the night sky
looking serene and aloof.
Her brightness overshadows
any star, except for Venus
who watches from afar.

© Sheila MacInnes 02/18



Saturday 21st April, 7pm

**International singer
Jane Irwin
returns to
Beetham Church**

**with her entertaining
blend of opera
and light music**

**Tickets £10
including refreshments**

See beethamstmichaelandallangels.co.uk for details

Friends of Beetham Church

Lent Drop-in Soup Lunch
Wednesday 7th March
from 11.30am in Church



**Come and join us
for a
selection of
homemade soups
and bread.**

All welcome!

Donations this year will all go to Christian Aid

JUST A MINIM

News from Beetham Community Band

Dear reader, as you may know, there is here in Beetham the fresh green shoots of a band developing. We meet every Saturday from 10.30am inside the church. We are a very friendly bunch consisting of a variety of eclectic instruments and musical know how. It is free to attend, and all you need is your instrument

Our aim is to have fun playing music. There is a strict no stress policy. If you have ever wondered what it would be like to play in a band, please just pop in. We will be really pleased to see you

If you would prefer to talk to a band member first then call Tess on 015395 63254.

We have had a really busy month with lots of exciting activities and some wild and wonderful weather!



The children have been very excited about the snow and really enjoyed playing outside in it with their friends.



We had a wonderful day with Claire Griffel who is our link with the school in Senegal. She has written a book with Senegalese inspired art work and came to lead a workshop for the children on creating paintings in a similar style.



We now have a beautiful mural in our school which we will transfer to church soon so that everyone can enjoy its vibrant colour and creativity.



This month we are taking part in the Brewery Dance Platform, and the Small School Gym Competition.

We are looking forward to celebrating

Easter with our special service in church. This will take place on our last day of term, Thursday 29th March at 2pm and a very warm welcome is extended to members of the church and village if they would like to join us.

Since half term we have begun a new club - Easter Eggsplorers.

This is led by volunteers from the church and gives children the opportunity to prepare for Easter and develop their understanding of this important Christian Festival.



Last week they made pretzels which are a traditional Lenten food and are designed to look like praying arms.

KS2 enjoyed a second activity day at Borwick Hall.



They took part in electronic orienteering, archery, indoor caving and a ropes course.

The children had a great time and worked really well as a team, supporting each other with activities that they found challenging.



Last week we celebrated World Book Day with the children and staff coming to school dressed as their favourite book characters



We had a wonderful selection of outfits and the children all received a book token which they can exchange for a book at any local bookshop.



Best wishes
Wendy Nicholas



News from Beetham WI

We were unable to meet in February to agree our 100 challenges for this centenary year due to the adverse weather conditions. We are still trying to complete the list, so if you have any unusual/wacky/sensible ideas ...please share them with us and we will try to achieve!!

However we have started the action..... with our first completed challenge being the creation of 100 green hearts, which you hopefully saw in February. This was in support of the annual Climate Coalition campaign to focus everyone on their local beautiful environment. I hope you took the time to appreciate the wonderful countryside around Beetham

Our next meeting is 7pm on Tuesday 6th March, at The Heron Theatre. There will be a talk and demonstration about the History of Reflexology, by Jayne Duckworth. All visitors are welcome – there are plenty of seats!

Here's wishing you some spring sunshine!
Sarah Easton, WI President



theWI
INSPIRING WOMEN



Storth and District Gardening Association

is holding its **AGM** on
Wednesday 7th March at 6.45pm
in **Storth Village Church**

The meeting will be followed by a talk by
Craig McCoy, Area Ranger for the Arnside and Silverdale AONB, on "Woodlands in the AONB"

Admission is £2 including refreshments
For more details contact 015395 62464

QUEST

A friendly group, we meet to hear talks, often with slides, 2nd & 4th Thursdays, in

The Athenaeum, Leasgill at 10am
All are welcome!

8th March : Julia Hoggard
'Gardening for Bees'

22nd March : Jean Scott-Smith
'Mardale, a Lost Lakeland Community'

Contact Patricia McPoland 015395 62765
McPoland@btinternet.com

Westmorland Orchestra

Saturday 10th March, 7.30pm
Lakes Leisure Centre Kendal

Jack Bailey, Cello

Overture The Magic Flute
~ **Mozart**

Cello Concerto ~ Dvorak
Enigma Variations ~ Elgar

Tickets at
www.westmorlandorchestra.org.uk
(no charge for aged 18 or under)



meet for talks

at
The Athenaeum
Leasgill
at 10am
1st & 3rd Thursdays

1st March : Dr Sam Riches
'No Spring without St George'
15th March : Rosemary Holmes
'Mexico, Mayans & Textiles'

Everyone welcome. Contact 015395 52330

Sedbergh Orchestra

'Beyond the Steppes of Central Asia'

St Andrew's Church Sedbergh
Thursday 8th March 2018 at 8pm

Khachaturian : Arutunyan : Mussorgsky :
Borodin : Shostakovich

Conductor - Peter Crompton, Leader - Lucy Baldwin,
Trumpet Soloist - Stella Crompton

Tickets £8 in advance, £10 on door (18 and under free)
Tickets from Sedbergh and District Information Centre on
015396 20125 or Sedbergh Pepperpot Club on 015396 21196



Beetham Village

Coffee Morning

Wednesday
4th April
in the Church

There is no charge and all are welcome

In the meantime why not join us for
the Lent Soup Lunch on Weds 7th March!



Levens

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THE MUSIC OF THOMAS TALLIS

Levens Choir
Director IAN JONES

The Marian Consort
Director RORY McCLEERY

St George's Church, Kendal LA9 7AS
SATURDAY 10th MARCH
7.30pm

TICKETS £12 

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Beetham NURSERY

Margaret Robinson presents

Vegetables

'from garden to table' Tickets £6.95

WEDNESDAY 7TH MARCH, 7.30PM IN THE GARDEN CAFE

Heron Corn Mill

Heron Corn Mill's new spring programme has so much going on for everyone, no matter what age you are or what experience you have. On Saturday 10th March there's a **Super Cake-making day**, with Kate 'Auntie Cake' Maddock. It's only £40 to make bake and take home two delicious cakes and biscuits-and home-made lunch is free too! **Good Friday Special** is a great opportunity to buy homemade cakes, bread, pies both sweet and savoury, preserves, local honey and much more! There's also the popular **Easter Egg hunt** for children with great chocolate prizes - a hit last year!

Milling demonstrations are from 11.30 onwards on the first Friday of each month throughout the year beginning on March 2nd. Free hot drinks and cakes/biscuits included in the very reasonable £5 admission.

There are some great social groups you can join – for the older people there is **Craftersnoons**, the last Wednesday afternoon each month from 1pm, there's tuition form Kerry, all materials supplied, come and try your hand at something new – all cakes and hot drinks are free all afternoon!

Bread of Heron is our very popular bread making group, get in touch if bread is your thing. Sourdough is our speciality and Pete runs two sourdough courses per year!

For local people in particular we have a series of **Workshops** with artist Carran Waterfield referencing Constance Holme the Milnthorpe writer and her novel Beautiful End which was written in 1918 in the Milnthorpe area. Anyone interested in these should get in touch soon, numbers are limited.

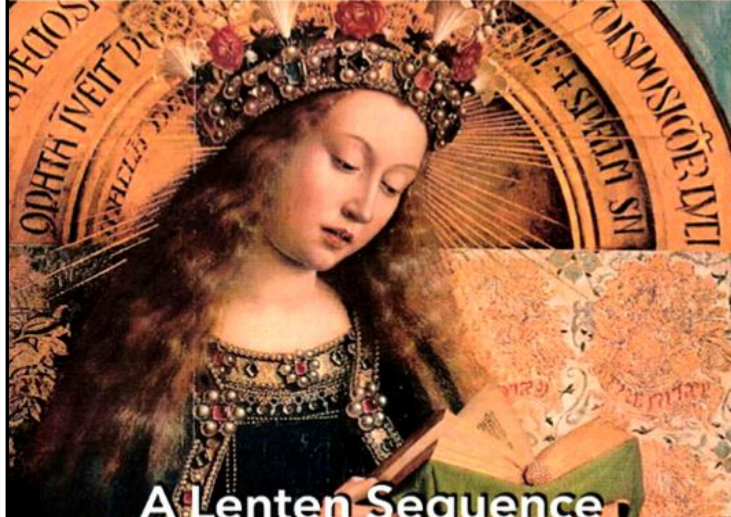


Heron Corn Mill, Mill Lane, Beetham ~ www.heronmill.org, 015395 64271

Allegrì
*Palestrina: Pope Marcellus Mass,
 & Anthems from 1650 to 2017*
 St Thomas Church, Milnthorpe
 Sunday 4th March at 4pm
Retiring collection



Lancaster Singers CONCERT
 Saturday 17th March 2018
 8.00pm



A Lenten Sequence

Tallis: Lamentations of Jeremiah Scarlatti: Stabat Mater
 Poulenc: Motets pour le temps de penitence
 Baroque music for strings and trumpet
 Torelli: Sonata a Cinque Telemann: Sonata in D
Directed by Duncan Lloyd
 The Amici Ensemble
 Continuo: Ian Tate Trumpet: Mark Harrison Leader: Katie Foster
 St. Peter's Cathedral, Lancaster
 Tickets £15, Students in full time education free.
 From Lancaster Visitor Information Centre. Online: www.lancastersingers.org. Tel 07956 924699 and at the door.

Beetham Parish Council
 The next meeting will be on
Monday 5th March
 at 7pm
 in Beetham CE School

Members of the public are welcome to attend
 Minutes of previous meetings and details of the current East and West Ward Councillors can be found on the website at www.beethampc.co.uk


BEETHAM ANNUAL PARISH ASSEMBLY 2018
 will be held at Heron Hall, Storth
 on Thursday 15th March at 8.00pm

Beetham Parish Council will present a review of the Parish Council's year.
 There will be an opportunity for members of the public to participate and ask questions of speakers
 The evening will conclude with refreshments and informal discussion between those present

All are welcome
 For information contact John Scargill on 01524 782811
 or visit www.beethampc.co.uk

Bishop Robert's farewell
 The Bishop of Penrith, the Right Reverend Robert Freeman, will be retiring at Easter and there will be a Farewell Service for him and his wife Chris on **Wednesday 14th March** at Holy Trinity Church, Kendal, starting at 7pm. Everyone will be very welcome to come along to say goodbye and pray for their future life and ministry

Bishop Robert has worked across the communities and churches of Cumbria since 2011. We were privileged to welcome him to Beetham on a number of occasions, including the commissioning of Vivien Stirrup as Local Lay Minister last year



KENT ESTUARY GROUP MINISTRY
 ARNSIDE ST JAMES BEETHAM HEVERSHAM LEVENS MILNTHORPE
 The Church of England around the Kent Estuary

Sunday Worship in the Kent Estuary area

ARNSIDE ST JAMES
 8.00am: BCP Holy Communion
 10.30am: Morning Worship, usually with Communion
 2nd Sunday: All-age Worship
 4.30pm: 2nd Sunday Celtic Communion
 Info: arnsidechurch.webplus.net Revd David Cooper 01524 761319

BEETHAM ST MICHAEL AND ALL ANGELS
 10.00am: Parish Communion
 6.00pm: Sung Evensong (5th Sunday: said BCP Evening Service)
 Info: beethamstmichaelandallangels.co.uk

HEVERSHAM ST PETER
 8.00am: BCP Holy Communion
 2nd, 4th and 5th Sundays
 9.30am: Main Service:
 1st and 3rd Sundays: Parish Communion (CW)
 2nd Sunday: Communion Praise (contemporary worship)
 4th Sunday: All Age Worship
 5th Sunday: United service with Levens & Milnthorpe
 6.30pm: 2nd Sunday: Open to God
 Info: stpetersheversham.org

LEVENS ST JOHN
 10.00am: Parish Communion:
 3rd Sun: All-age worship; 5th Sun: United service at Heversham
 Info: levens.org.uk

MILNTHORPE ST THOMAS
 8.00am: BCP Holy Communion 1st and 3rd Sundays
 11.00am: Main Services 1st, 2nd and 3rd: CW Communion
 4th Sunday: Morning Praise
 5th Sunday: United service at Heversham
 11.00am: every week Sunday Circle for children
 Info via: stpetersheversham.org

STORTH VILLAGE CHURCH
 10.30am: Methodist and Anglican services each week
 Info: Revd David Stretton 01524 761397; Revd David Cooper 01524 761319

METHODIST SERVICES
ARNSIDE
 10.30am see website for details
arnsidemethodistchurch.org.uk
MILNTHORPE
 3.00pm 2nd & 4th Sunday of month at Methodists in Milnthorpe, M:Hub, Beetham Road
LEVENS
 10.30am levens.org.uk
 Info: Revd David Stretton 01524 761397 or 015395 63179

ROMAN CATHOLIC SERVICES
ARNSIDE
 OUR LADY OF LOURDES
 Saturday, 5.30pm
MILNTHORPE
 CHRIST THE KING
 Sunday, 10.30am
 Info: Fr Philip Smith 015395 32731 or Chris Noble 01524 762427

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SOUTH LAKELAND AGE UK
GENTLE EXERCISE CLASSES & REFRESHMENTS

Wednesday 10.30am
 Storth Village Hall
 Mike Crawford:
 015395 60736

Tuesday/Friday 10am
 Arnside Methodist Church Hall
 Eileen Walters:
 01524 761720

SOUTH LAKELAND AGE UK LUNCH CLUBS (12 for 12.30pm)
 Arnside Lunch Club 1st Friday of month at **The Albion**, and
 Sandside Lunch Club 3rd Wednesday of month at **The Ship**,
 Christine Marland, 01524 761566
 Storth Club 2nd Thursday of month at **The Kingfisher**,
 Norah Padgett 015395 62887
 Helpline: 01539 728180; www.ageuk.org.uk/southlakeland



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April deadline and Full Colour editions of The Gateway
 The Gateway always welcomes news and other items of interest to our readership
 The deadline for contributions for the April edition is
Wednesday 28th March
 Please send contributions to the editor, Jenny Marks, Email: beethamnews@aol.com; Tel: 015395 62559
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