BEETHAM AID

CORONAVIRUS COMMUNITY SUPPORT

As a community we are continuing to do our best to support those who need our help at this time

If you need assistance with anything:

shopping - collecting prescriptions - posting letters having a friendly chat - or anything else you can think of

please ring the Support Line on

015395 63368

or email estateoffice@dallamtower.com

If you reach an answer phone please leave a message with your name, address, telephone number and requirements and we will return your call.

If you wish to volunteer to help please ring

015395 64778

or email beethamaid@btinternet.com

leaving your name, address, phone number/email

All calls will be treated in confidence & all safety precautions will be taken by the volunteers

Thank you for your assistance, and please keep safe **Beetham Church and the Beetham Aid Support Group**

COVID-19 EMERGENCY SUPPORT HELPLINE

Only for people at high risk of becoming seriously ill as a result of COVID-19, who do not have support available from friends. family or neighbours and are struggling for food, medicines or other essential supplies.

0800 783 1966 or email: COVID19support@ cumbria.gov.uk

Full details can be found online at cumbria.gov.uk

Provided by Cumbria County Council and partners including District Councils, CVS, Cumbria Community Foundation, community and voluntary sector, and private sector.





nhs.uk/coronavirus

PROTECT YOURSELF

THE NHS





CORONAVIRUS STAY AT HOME SAVE LIVES

Anyone can spread Coronavirus.

The only reasons to leave home are:

- To shop for basic necessities or pick up medicine
- ✓ To travel to work when you absolutely cannot work from home
- To exercise once a day, alone or with members of your household
- O not meet others, even friends or family







THE GATEWAY

PARISH MAGAZINE OF ST MICHAEL AND ALL ANGELS. BEETHAM

MAY 2020

Now is the time to be slow. Lie low to the wall Until the bitter weather passes. John O'Donohue

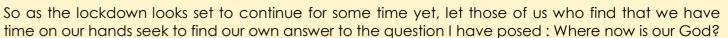
Although the present is very far from being a 'time to be slow' for the key-workers in our society front-line health-workers, care-home staff, those responsible for our emergency services and those responsible for ensuring that we are able to access the essentials during this period of lockdown – for many, perhaps the majority of us, this is indeed a 'time to be slow', a time to reflect and take stock, as we all learn to live with the threat of coronavirus and the measures being taken to mitigate its effects on our lives and our well-being.

Having 'time to be slow' is certainly true with regard to myself as one of those deemed to be at high risk from the virus. Although I have managed to keep myself well occupied over recent weeks cooking, reading, keeping in touch remotely with family and friends, taking the permitted daily walk during the fine spring weather and even wielding a feather duster – I have also for once had time to sit and think. Above all, as a member of the clergy, I have had time to ponder just where I might look to find God in the face of the Covid-19 pandemic.

Time was when our forebears would most certainly have seen the present pandemic as God's wrathful and vengeful punishment for the manifold sins committed by his human creation. That, however, is not a view to which I can personally hold today. If we are to believe in a God of infinite mercy and compassion, then we can surely no longer believe in a God who wantonly and randomly visits suffering and death on literally millions of women, men and children.

So, going back to my question, where now are we to find God? If the present pandemic is not a visitation from God, then why is a reputedly all-powerful and benevolent God allowing it to happen? Why is God not stepping in and putting an end to all the suffering and heartbreak? Why is God seemingly deaf to our heartfelt prayers? For me, the answer to that must lie in the fact the creation -God's creation – is alas not yet perfect. Rather is the creation as we witness it still a work in progress. As St Paul writes in his Letter to the Romans: 'For we know that the whole creation groaneth and travaileth in pain together until now' (Romans 8.22, KJV). In the face of that, to quote a phrase from an old Anglican hymn, we have to trust that 'God is working his purpose out', and that meanwhile, God is not an impassive observer of our current sufferings, but shares and feels them with us, as he shared and felt the terrible suffering and agony of the dying Jesus on the cross.

That, of course, does not mean to say that God is not in addition actively and visibly at work in the current coronavirus pandemic. If we will only stop, look and listen, we can surely see God at work in the vast army of health-workers and care-home workers who, careless of their own safety and their own lives, are daily fighting Covid-19 on the front line, and in so doing bringing help and solace to those who lie critically ill and dying. Equally, we can most surely see God at work in those who are racing to create a vaccine and other treatments with which to fight and contain the virus. And God's active involvement in the pandemic is for me also evidenced by those who at this time risk their own well-being to ensure that essential services are maintained and that our basic needs continue to be met.



David Peacock



Dear Friends

Alleluia! Christ is risen!

This note comes with the assurance of my prayers for you, your loved ones and families in the midst of all that we are confronting as a community, as a nation and as a world at the moment. It arrives too, with repeated Easter greetings and blessings, hoping that despite the challenges we are confronting we will know the peaceful and life-giving presence of the risen Jesus in our hearts and our homes.

I have done my best to contact as many people these recent weeks. However, if you are reading this magazine and you haven't heard from me, either on the telephone or through email, please do not hesitate to get in touch. It would be lovely to hear from you. Moreover, if you know of anyone who you think it would be good for me to be in touch with as the parish priest, do let me know. I am also keen to try and encourage all of us, whoever we are, to do our best at keeping in touch with friends, fellow members of the congregation, and other members of our village community. This is an important part of our witness as Christ's disciples in the world, and a practical way of showing our care and concern for those who might appreciate someone to talk to at this time. Whoever we are, we have the opportunity of helping others even if it might be in small ways - so do think of who you might be able to be in touch with in the weeks ahead.

If the current situation has revealed anything then it is the goodness that appears in the midst of adversity, evidenced in the rebirth in our understanding of the common good and in the thanksgiving, we have offered to all those continue to work and serve as key-workers amid the current crisis. Particularly in the National Health Service and social care, but also in our shops and supermarkets, in food production, delivery, retail, education and other things we have come to value with renewed gratitude. For people of faith, we believe this to be intimately bound up with the story of God lived out in the life of Jesus Christ, and proven through his death and resurrection.

Of course, the most important thing we can do 'at all times and in all places', is to pray. We sing in that well-known evening hymn 'The voice of prayer is never silent, nor dies the strain of praise away'. A reminder that wherever we are as Christian people we are bound to offer up our own needs and the needs of the world in prayer. If the world needs anything at the moment, amid the anxieties we are facing, is prayer - the challenge being, if we don't pray who is going to? One easy aid to prayer is that provided by following the word symbolised by PACTS:

'Be still and know that I am God' (Psalm 46.10)

We pause to know the Lord's presence with us, seeking to be drawn into fresh relationship with him.

'Praise the Lord O my soul: all that is within me praise his holy name' (Psalm 103.1)

We offer to God our worship and praise, joining our prayers with all those who have ever uttered a prayer; we become aware of God's glory and majesty, reminding of the great love he has for us.

CONTRITION

'Have mercy on me O God in your enduring goodness, according to the fulness of your compassion blot out my offences' (Psalm 51.1). We honestly acknowledge our failures and fears, the things we have done wrong and the times we have fallen short. We turn away from those things we know to have hurt others or ourselves, asking for God's forgiveness for the ways in which we have neglected him or failed to do the good that is within us.

THANKSGIVING

'I will give you thanks O Lord with my whole heart' (Psalm 138:1)

We give to the Lord our thanks for the ways in which he has blessed us, for his forgiveness, for all the things we enjoy, for the blessings of our relationships, our families and friends, and chiefly for the gift of his love in Jesus Christ. We ask God for wisdom and grace, remembering that he is faithful and working everything for our good.

SUPPLICATION

'Answer me when I call, O God of my righteousness' (Psalm 4:1)

We are prompted to offer to God the needs of our own lives and those of the world, praying for all those who are in need, the isolated, alone and afraid; for those who are suffering at home or in hospital; for those who seek healing in body, mind or spirit; for those who mourn and grieve that they might be comforted; for those who have died that they may rest in the Lord's peace and rise in his glory. We pray for those whom the Lord places upon our hearts and those situations where we seek the assurance of God's leading and presence.

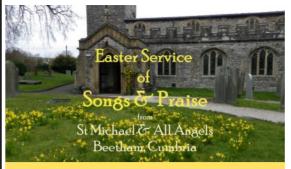
This is just one form of prayer that might be useful in the days ahead, however, of course there are others and the most important thing is working out what helps you drawer closer to God. It is good to establish a rhythm of prayer each day, whether that's praying at a particular time or in a particular place; regardless of what words use, or indeed if you choose just to be silent, the most important thing is the desire and willingness to open our hearts and minds to God in prayer.

Although public worship across the churches is suspended, and despite the fact we cannot meet together in the parish church, we can still pray. We are still the body of Christ, united to each other and to the Lord in heart, mind and spirit, surrounded by that great cloud of witnesses who at Easter give thanks for the Lord's resurrection. May God inspire and guide us all in our praying - that in the days and weeks ahead we might find fresh opportunities to known his presence within us and around us.

On the first Easter Day, after appearing to Mary Magdalene, the risen Jesus stood among his first followers; a frightened group of his closest friends who in the days before had failed in their service of him. They had fled, they had denied, they had betrayed - and yet, Jesus stands in the midst of them and offers them the blessing of his peace. The risen Christ comes not with recrimination or judgement, but rather to give substance to their hope and to re-kindle their love.

May God bless us all with that same peace today and always

Beetham Church Services on YouTube



Our first online Songs & Praise service of readings, poetry, music and prayer was recorded by members of Beetham Church in their own homes to celebrate Easter Day. The searching YouTube for Beetham Church Easter

Two further YouTube Services are planned for May:-

Thursday 21st May A Songs & Praise Service to celebrate Ascension Day

With readings, music and prayer from the parishes of St Michael & All Angels, Beetham and St James, Arnside with Storth Village Church

Sunday 31st May Choral Evensong for the Day of Pentecost

An Evenson's service of worship and music

<mark>video has already had over 350 views and is</mark> The YouTube videos will be available to watch from these dates by clicking available on YouTube via our website, or by through from the Coronavirus Resources page of our website at www.beethamstmichaelandallangels.co.uk

Online Worship Resources on our Website www.beethamstmichaelandallangels.co.uk

An increasing number of weekly resources for worship are available on our website whilst our church remains closed due to coronavirus

The Revd Andrew Norman records the Gospel Reading, Sermon, and prayers for each Sunday, interspersed with hymns and music from our organist, Geoffrey Field. To listen to this audio file each week, please go to the Coronavirus Resources page of our website and click on the highlighted link

There will also be a special audio recording of worship and music for VE Day available on Friday 8th May

In addition, Andrew provides prayers, readings and reflections to download each week, as well as information from Carlisle Diocese and a guide to worship services available on TV and radio

The webpage also includes links to the weekly National Sunday Online Service on Facebook or YouTube, and other national and local live Sunday worship services

Please do take the time to access these resources and pass them on to others, and let us know if there is anything else that you would like to see or hear in the coming weeks

ST MICHAEL & ALL ANGELS



The Fourth Sunday of Easter

The Royd Andrew Norman has recorded the Gospel Reading, Sermon, Prayers, Collect and Blessing for this Sunday. To listen to the audio please click here

The audio also contains music recorded by our organist Geoff Field. The words to the hymn can be printed by downloading the file here Hymn 1: The strife is o'er, the battle won Hymn 2: Now the green blade riseth Interlude: Sheep may safely graze, JS Bach

Resources

A series of prayers, reflections, and website sources from The Revd Andrew Norman, to hel us as we look for spiritual guidance at this time. Please click on the relevant title to download



The Way of the Cross - book of prayers for the Stations of the Cros

A Book of Prayers Holy Communion - to help us all to pray at home, including a Spiritua - to use alongside the liturgy for Spiritual Holy

Collects & Readings for Sundays Communion in the Book of Prayers

Weekly Sunday Reflections - reflections for the Third Sunday of Easter

The Sunday Supplement

additional weekly links to resources, reflections, as prayers, and to worship services on TV and radio

800 804 8044

Telephone Worship Resources

VHOPE The Archbishop of Canterbury, Justin Welby, has launched a free national phone line as a simple new way to

A free phone line of hymns, bring worship and prayer into reflections and prayers people's homes without internet access

Daily Hope is available 24 hours a day. Callers will hear a special greeting from the Archbishop before being able to choose from a range of options, including hymns, prayers, reflections and advice on COVID-19. Prayer During the Day and Night Prayer are updated daily from Common Worship, and there is a recording of the Church of England weekly national online service. A section called Hymn Line offers callers a small selection of hymns, and an option entitled Hymns We Love, provides a hymn and reflection. The phone line is free.

Giving to Beetham Church

Several people have asked how they can continue to give to the church now that they are unable to make regular cash giving in the weekly envelopes. You may wish to consider giving by standing order or direct debit instead, even on a temporary basis.

Our church also relies on donations to provide support to everyone in our community. Please consider whether you are able to give to help our parish ministry at this time.

For details of how to give please contact the PCC Treasurer, John Lomax, on 015395 62648. Thank you for your support.

Masons' Marks

Amongst the many features that make this church of St Michael & All Angels so attractive and intriguing is the collection of Masons' Marks to be found engraved on the columns and arches all around the building. The most visible and identifiable of these marks can be found on those arches and columns of the Early English Decorated style dating from 14th and 15th centuries on the north side of the nave.

There are thousands of different recorded marks in churches and on other structures around this country and throughout Europe. Traditionally, a 'Mason's Mark' was a signature to say, 'This is my work'. And undoubtedly some of the marks we can see here in our church in Beetham fall into this category. We know that an individual stonemason's 'signature' was unique, registered with the Masons' Guild, and could be handed down from father to son. Unfortunately, there is no known record of named stonemasons to enable us to identify the work of an individual person. Master Masons were skilled craftsmen and were in great demand during the period when our great cathedrals and churches were being constructed. It is likely that they would work on site preparing and dressing the stones which would form the key elements of the structure in hand. It is also likely that they directed large numbers of less experienced and less skilled apprentices who would be responsible for overseeing the actual construction when the Master Mason moved on to the next project. To this end, some of the masons' marks we see on the stones today are almost certainly indications as to how and where they are to be used (rather like the directions in an IKEA pack!). And as the church building we see

around us today is the result of constant change and rebuilding over the centuries, with individual stones being re-used, it is highly probable that many original marks are hidden in the joints between the stones.

The mark shown on attached photo is one of the most common to be found in St Michael & All Angels, appearing in at least six places, some low down and others well above eye-level (and there may be others I haven't yet found). Next time you are in church (whenever will that be?) see how many examples of this mark you can spot. Now there's something to look forward to!



Brian Smalley

So how well do you know your Church?

A quiz to see how observant we are of the surroundings of our beautiful church (now we cannot go in and check!)

- 1) How many bells are rung at St. Michael and All Angels Church?
- 2) What is the name of the Tenor bell? (remember the naming competition?)
- 3) Name 3 flags that are flown from the tower.
- 4) Where might you find the 'Mass Dial'?
- 5) What is unusual about the two rows of pillars in the Nave of the church?
- 6) Which 3 English kings are depicted in one of the windows?
- 7) In the window near the church entrance on the west wall, what are the names of Timothy's mother and grandmother?
- 8) In which window do you find the 'Parable of the Good Samaritan'?
- Where do you find the oldest (mediaeval) glass?
- 10) Name 2 apostles depicted in the windows.
- 11) In the window dedicated to the Clegg brothers, how many days apart did they die in the 1st World War?
- 12) What evidence do we have that the church was around during the Civil War?
- 13) When was the Nativity Crib given to the church?
- 14) Who made this Nativity Crib?
- 15) Name 3 vicars from the past.
- 16) Name 1 person or family who has a memorial plaque or floor stone in church.



How did you do? Easy Peasy? Or a bit harder than you thought? No prizes, sorry, the answers will be in next month's 'Gateway'.

With thanks to Sue Smalley for setting this Quiz ~ Good Luck everyone!

A "Thank you" from a grateful "Reader in Training"

"Listen! I am standing at the door, knocking; if you hear my voice and open the door, I will come in to you and eat with you, and you with me"

Revelation 3: 20

So after a very slightly curtailed time with you, which started at the beginning of December, I just want to say thank you to you all at Beetham for providing another door, and helping me to open it.



You may think, like I thought, that Jesus' invitation, as recorded in John's vision in the Book of Revelation, is just referring to us as individuals opening up the door of our hearts to Jesus at the moment we come to faith – that it's a one off response to a knock on our front door. But I'm coming to see that as faith is a journey, there are many



doors and gates to be opened along the path, and this passage could refer to those too. If we only open one door in a house we won't see many of the rooms, or our walks could be stopped at the first gate!

From the moment that Katharine and I opened the churchyard gate opposite "The Wheatsheaf" and walked down to your historic and welcoming church we felt that we were entering a new dimension in our lives of faith. Opening the heavy wooden door onto the interior, to smiles of sincerity and acceptance, was only the start of entry into a faith community that in itself helped to open many doors. Doors to the understanding of tradition and its rituals,

seeing the dedication and enthusiasm of a church body with a very different emphasis to the one at which I'd started my Christian journey 30 years beforehand. The opening of doors onto areas of scripture, that before now had not had the illuminating light shone on them, has proved invaluable.

This 2 year Reader Training Course with Cumbria Christian Learning covering "Old" and "New" testaments, "Contemporary Preaching", "Doctrine", "Worship" and "Pastoral Care", in its 6 modules, is opening doors into all sorts of areas. New ideas, new authors, new angles, and it is proving very exciting with lots to pass on!

My placement at Beetham has been a key part of the training and has proved far more enjoyable and helpful than Katharine and I had ever imagined. Our grateful thanks to you **all**, and of course to your great vicar Andrew and the PCC. We shall very much look forward to seeing you all again soon.

Nick Gray

CONTACTS FOR THE PARISH OF ST. MICHAEL AND ALL ANGELS, BEETHAM

THE PARISH OF 31. M	ICI IAEL AND A	LL AINGELS, BEETTIAIM
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Chris Roberts	015395 63019	lainyandchris@aol.com
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Jenny Marks	015395 62559	beethamnews@aol.com
John Lomax	015395 62648	j.d.lomax@btinternet.com
	The Revd Andrew Norman Vivien Stirrup Chris Roberts Brian Smalley Jenny Marks lan Stirrup Dorothy MacLeod John Lomax Wendy Nicholas Jenny Marks	Vivien Stirrup 015395 64320 Chris Roberts 015395 63019 Brian Smalley 015395 64778 Jenny Marks 015395 62559 Ian Stirrup 015395 64320 Dorothy MacLeod 015395 62062 John Lomax 015395 62648 Wendy Nicholas 015395 62515 Jenny Marks 015395 62559

For Baptisms, Confirmation, Weddings, Funerals, Home Visits & Holy Communion at Home, Prayer & Anointing for Healing, Sacrament of Reconciliation or if you have any questions about church life or the Christian faith, please do contact the Vicar

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WI Meetings cancelled until further notice

As with all gatherings due to the Coronavirus restrictions, the WI meeting on the 7th April and the Fashion Show in May have had to be cancelled. We are hoping to include those – and any others we may have to postpone – in our programme next year.

Some of our members are working as front-line NHS staff and we applaud them - and their colleagues - for their dedication and hard work during this stressful time. WI



A sample of some of the Scrub Bags and Hats made for health workers using material donated by members

members have been busy sewing items to help protect those health workers who are bravely fighting this virus. Members are also keeping busy with jobs and projects at home and in the garden whilst only venturing out for their daily exercise or getting supplies for themselves and delivering to others who are not able to leave their home.

Not knowing how long these restrictions will last, the Committee have had a

'meeting' via computer links and they keep in touch with members via post, phone calls and through the wonders of technology. The CWFWI Federation have also been busy sending out regular updates and Jeanette, our Secretary, has been forwarding their monthly Newsletter to members.

The committee - Louise, Jeanette, Jane, Frances, Janet & Sue - send their Best Wishes to all Beetham WI members - and everyone in the community - to keep well and stay safe. We hope this glorious Spring weather has helped cheer you during these troubled times and we look forward to welcoming members and guests back to our monthly get -togethers when it will be safe to do so.

WI Member, Gail, wearing one of the set of scrubs she has made for NHS staff.







Beetham Bellringers Go Zooming

With bellringing practices and ringing for church services currently suspended, the tower and handbell ringers decided to hold this year's AGM on 6th April via the technology of Zoom. As the first attempt was a bit shaky we came to the conclusion that practice makes perfect and to keep trying again with a fortnightly challenge. Having now completed the 'Unusual Bell' task, the next challenge is 'Bell-themed Headgear'. Anything could happen - watch this space!

Beetham's Big Duck Day

Saturday 2nd May would have been the Annual Duck Race day on the River Bela, with duckreations all around the village. We may not be able to have the races, but why not dust off your ducks and put some in your window or garden to show support for our carers instead? Let's get quackers with a difference this year - take a picture and send it in for next month's Gateway!





Rainbows and Photos

Have you been painting pictures of rainbows, or taking up a new hobby, learning to bake cakes, gardening, or enjoying your hour-long walk or cycle?

Are you embracing technology and meeting online, or simply getting pleasure from being able to hear the birds singing or renewing friendships on the telephone and in letters?

If you would like to share any photos, tips, inspiring ideas, or stories of life in lockdown in next month's Gateway please send them to beethamnews@aol.com



Hello to everyone from the kitchen table, also known as the Beetham Community Band nerve centre. As I write this we are into week four of lockdown. How are you all doing?

It has been strange not meeting up with band friends on a Saturday morning. Enjoying the camaraderie and unique fellowship that music engenders. But fear not dear reader, where there's a will there is ZOOM!!! Oh yes, Beetham Community Band has embraced technological developments to enable them to get together virtually on Saturday mornings. It is not perfect, for some of us (me) there has been a lot to learn. But it's worth it, as we still get to see and hear each other and work through our numbers together.

Who knew what we are capable of. What we are all capable of. Strange and uncertain times yet sprinkled with inspiring people. The wonderful Captain Tom, the NHS, Health Care Workers, Ambulance service, First Responders, neighbours, friends.

Of course there is and always will be music and at the end of all this there is more to come. Join us as we play Over The Rainbow every Thursday night to acknowledge all those who are caring for us. Even our esteemed conductor gives us A BIG HAND!!

Much love and hopefulness to you all, Tess

IN THE RHYTHM OF LIFE, WE SOMETIMES FIND OURSELVES OUT OF TUNE,
BUT AS LONG AS THERE ARE FRIENDS TO PROVIDE THE MELODY, THE MUSIC PLAYS ON

Thank you to all those caring for our community









In such uncertain times even small things really do make a difference. A big thank you goes to all those individuals in the parish who are continuing to do both ordinary and extraordinary acts around our community to make us smile - caring for one another with shopping and doorstep deliveries, nurturing our environment, flying flags in celebration of the Queen's birthday and St George, maintaining our school building and grounds, clapping for our carers and key workers every Thursday evening, putting up rainbow posters, keeping in touch with one another, social distancing and staying at home, and so much more. Thank you everyone.

Postal delivery

With effect from 2nd May please note that there will be no letter deliveries on a Saturday. Parcels will still be delivered, and post will continue to be collected from post boxes as normal

A massive thank you to all our Posties, and remember to give them a social distancing Thumbs Up!



Green Bin Collection

COUNCIL

There is some good news from South Lakeland District Council with regard to green waste collection.

From week commencing 4th May, SLDC is introducing a monthly collection of green bin waste across the district, aiming to make **one collection per household each month** until further notice.

Residents are being asked to follow these steps:

Starting week commencing 4th May, check your collection calendar and leave your green bin out on your next scheduled collection day

· Collection crews will begin emptying green bins on the round on the scheduled collection day

If your bin has not been emptied by the end of the scheduled collection day please take your bin back in and present it again on the next scheduled green bin collection day according to your calendar, when the crews will return to continue the rest of the round.

Cumbria Scrub Hub Supplies

Church members are helping to sew essential clothing items for the NHS and carers across the county, through the Kendal branch of the NW Cumbria Scrub Hub



Can you help with the supply of 1/4" elastic, or buttons the size of a 10p piece? If you have any please get in touch with the Gateway editor, Jenny, via beethamnews@aol.com or on 015395 62559. Thank you!

PAGE 8 PAGE 9

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Sadly, many of our advertisers have now had to close down their businesses until further

notice and the services listed below will not all

be available. However, the adverts are here to

remind you to keep them in your thoughts and

prayers at this difficult time and to remember

to support them once trading returns. Some

businesses are still able to remain open, and do

please support them where you can.



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Please call Huw & Lorraine on 015395 62389

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each Friday from 10-11am.

June deadline for The Gateway

The deadline for contributions for the June edition is noon on Monday 25th May

Please send contributions to the editor, Jenny Marks Email: beethamnews@aol.com; Tel: 015395 62559 View this and past editions of the The Gateway online at beethamstmichaelandallangels.co.uk

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