



**Free entry to Childrens & Adults Races with cash prizes**

**Cumberland & Westmorland Wrestling**

**Admission ~**  
**Adults £2.50**  
**Children 50p**

**Childrens Fancy Dress**

**The Famous Fell Run**

**Mega Raffle**

**First class home made refreshments**

**Side Stalls, handicrafts & lots of other attractions**

**Free On-field Parking**

**The Great  
Family  
Day Out!**

### Brain of Beetham Quiz

This month our Quizmaster Clive Holden has set a challenge all about Rivers:-

- 1) Which river separates the Kentish from those of Kent ?
- 2) Which river sounds adhesive ?
- 3) Which river turned boy sailors into men ?
- 4) Which river 'ran through caverns measureless to man, down to a sunless sea' ?
- 5) Who famously spoke of 'rivers of blood' ?
- 6) Which river brought forgetfulness ?
- 7) Where is 'the land of five rivers' ?
- 8) Which river is indicative of an irreversible action ?
- 9) Which river 'keeps rolling along' ?; and which river 'jus' keeps rolling along' ?
- 10) Which rivers could be 4, 9, 24 and 25 ?

#### Answers to the June 2022 'Islands, Isles and Islets' Quiz

1. All the islands off the west coast of Scotland plus the Isle of Man.
2. Laputa: the flying island in Swift's 'Gullivers Travels'.
3. The island in Desert Island Discs. Castaways are allowed to choose eight records.
4. Holy Island can be either off Anglesey or off the Northumberland coast (Lindisfarne), or off the Isle of Arran in Scotland.
5. On 31st January 1918, in low mist, collisions in the Firth of Forth resulted in two 'K' Class submarines being sunk with their crews (55 in K4 and 48 in K17). No enemy vessels were involved, and the incident was not made public. It is known as the Battle of May Island.
6. The Islets of Langerhans are in the pancreas.
7. The Isle of Man. 'Quocunque jeceris stabit' (whichever way you throw him he stands) is the motto of the island.
8. Rupert Brooke died of sepsis en route to Gallipoli as a member of the Royal Naval Division on 23rd April 1915. He was buried on the island of Skyros.
9. W.B. Yeats wrote 'I will arise and go now, and go to Innisfree'.
10. The palindrome is 'Able was I ere I saw Elba'



Treat each other with Kindness



*'Maybe we can*

*Find a place to feel good*

*And we can treat people with kindness*

*Find a place to feel good'*

TREAT PEOPLE WITH KINDNESS (2019)

Song by Harry Styles

I love this song, love the music and the video. Kindness of the genuine kind is quite simply so needed in the World, always. It is very easy to signal kindness by following a trend and posting on the internet, much harder to commit to being kind. My dad was the kindest person I have ever known and inspired me to

be the same. I am lucky to be married to the other kindest person I have ever known. Whatever else I may or may not have achieved, our children are kind and our grandchildren are well on their way to being the best of us.

*'Kindness is a type of behaviour marked by acts of generosity, consideration or concern for others, without expecting praise or reward.'* It has long been a topic of philosophy and religions, but did you know that engaging in acts of kindness produces endorphins, the brain's natural pain killer. Perpetually kind people have 23% less stress hormone (Cortisol) and age two times slower. Actually witnessing the positive impact of giving on others gives you feelings of joy and makes you want to seek out ways to maintain those feelings. Kindness has the potential to make the World a happier place by encouraging others to repeat the good deeds of others making our communities more positive.

Kindness is not a bargaining chip, or hierarchical. Everyone deserves kindness, not just those who are seemingly put above others.

*'LET NO ONE COME TO YOU WITHOUT LEAVING BETTER AND HAPPIER. BE THE LIVING EXPRESSION OF GOD'S KINDNESS: KINDNESS IN YOUR FACE, KINDNESS IN YOUR EYES, KINDNESS IN YOUR SMILE'*

Mother Teresa

Before all this one must be kind to oneself. It is not an act of selfishness, it is self care. There are so many ways to learn how to be kind to oneself and it is time worth investing in. Now is that time to re-imagine a kinder society that better protects our mental health. We are after all God's Universe's greatest creation, so some time spent with our inner selves is time well spent. This gives us the impetus to be kind to others thus reaping emotional dividends, but most importantly making a huge difference to vulnerable and struggling people, which at some time in our lives we all are. I have recently been on the receiving end of some wonderful acts of kindness, and accepting that has been an exercise in self care. We are all worthy, we are all enough.

*'SELF COMPASSION IS SIMPLY GIVING THE SAME KINDNESS TO OURSELVES THAT WE WOULD GIVE TO OTHERS'* Christopher Germer

So Dear Reader, this July of a big birthday for me, my gift to you is to find Harry Styles on You Tube, turn it up loud, and dance. Be kind, treat each other with kindness..... its good for you.

Tess Rowlands

[www.beethamstmichaelandallangels.co.uk](http://www.beethamstmichaelandallangels.co.uk)



## Letter from The Revd Andrew Norman

### Dear friends

Last month, as I referred to in my sermon on the Sunday following, I was pleased to be on hand to help out with the summer residential for Year 5 and 6 at Beetham Church of England Primary School. Together with two members of staff and accompanied with sixteen children we embarked for three action-packed days of visits, tours, experiences in Manchester and Liverpool before spending the third day (which incidentally turned out to be the warmest day of the year so far) walking around Chester Zoo. It was an immensely enjoyable, if rather exhausting, experience and it was a real joy to play a small part in such a formative experience for the oldest children in the school, not least after all the disruption and challenge presented over the last two years by the effects of the pandemic.

It put me in mind of my own Year 6 residential, a mere twenty-one years ago (slightly longer, I'll readily admit than I like to remember) when with my own Church of England Primary School we spent three days in Yorkshire, staying in Haworth (the home of the Bronte family) and enjoyed the delights of exploring multicultural Bradford. Afterwards I remember us having to write up our experiences fulsomely as part of a project, for which I think I won a prize, charting the adventures that had taken me away from home – and the comforts of the familiar – for the first time without my family. It was a both a new, and for a rather nervous ten year old boy, a slightly nerve-wracking experience, and much of those same emotions were on display a few weeks ago for the children I accompanied on their first residential experience.

So often, it is easy to be content – often without thinking – with the comfort of the familiar, with those places, people, experiences and habits which offer our lives shape, rhythm and meaning. Though we can never predict the future, and know that, however hard we might try, we can't control everything that might happen to us, most of us find it a struggle to live with change and to approach the new with untethered zeal or enthusiasm.

It is all too easy to remember how things once were, to look back on the past with a rather rosy and uncritical perspective, which if we are not careful can lead us into despondency when examining our present circumstances. All too often, the same challenges, frustrations, cares and concerns that we experience today were the same for those who went before us, though manifested in different ways. This is particularly true for the Church, especially at a time when it can feel that the Christian gospel seems increasingly marginal to contemporary culture and society, and when it can be all too easy to repeat the refrain 'do you remember when...' believing that things were so much better or easier for those who went before us.

The twentieth century Welsh Anglican priest and poet, R.S. Thomas, has words to help us here:

*'Life is not hurrying  
on to a receding future, nor hankering after  
an imagined past. It is the turning  
aside like Moses to the miracle  
of the lit bush, to a brightness  
that seemed as transitory as your youth  
once, but is the eternity that awaits you.'*

So often, as the poem describes we are caught up either 'hurrying onto a receding future', trying to attain things we believe we want but don't yet have, or 'hankering after an imagined past', a memory of how we would believe things once were but often have little resemblance to reality. Both attitudes which can inculcate anxiety and disappointment and leave us disheartened, in search of direction and purpose. Instead, the poem encourages us to see our existence, our life, lived alongside and with each other – and ultimately, of course, in the presence and company of God – as a 'turning aside'. Drawing on the story of Moses from the book of Exodus and his encounter with the Lord in the wilderness through the mysterious sight of the burning bush, we are encouraged, each in our own time, to discern the presence of the living Lord who offers 'brightness' and an 'eternity' which we await with expectancy. A reminder that if we root and ground ourselves in the things of God, we will never ultimately be disappointed.

Such a turning aside requires both patience and humility, it demands attentiveness and openness to the things of God – trusting that even when we might doubt or turn away – his Spirit is still at work, remaking and renewing us and encouraging us to live more trustfully in the assurance of his love and grace. This isn't always easy nor comfortable, but I can guarantee is most definitely worthwhile as we learn to walk in step with the God, who in Jesus Christ, has chosen to journey with each of us, whatever might lie ahead.

With every good wish and prayer for God's blessing,



### Friends' Sunday 3rd July

We offer a warm welcome to His Grace, the Bishop of Carlisle, who will celebrate our Morning Eucharist for Friends' Sunday. This will be followed by the Annual Friends' Lunch, with Bishop James and his wife Alison.

Please note that there will be no service of Evensong on 3rd July

### Hannah's Ordination

Hannah Wallace was ordained Deacon at Carlisle Cathedral on Saturday 25<sup>th</sup> June, supported by family and friends in a celebration of warmth and happiness



Hannah has joined the Kent Estuary Mission Community as Assistant Curate at the start of her ordained ministry and we wish her well as she begins this new journey

We were delighted to welcome Hannah to our Eucharist on Sunday 26<sup>th</sup> June, and we look forward to working with her in prayer, faith and mission as she and her family settle into their new lives in the area



St Michael &  
All Angels Beetham

A service of  
**Choral  
Evensong**

Sunday 31st July  
6pm

All welcome

### Wedding

The marriage of  
*Lydia Abbit & Luke Adams*  
took place on Saturday 25<sup>th</sup> June

We wish the happy couple Faith, Hope & Love  
in their future lives together



### Baptism

Arthur Henry Adams  
was baptised on  
Saturday 25<sup>th</sup> June

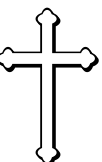
We welcome him into our Beetham Church family



**Funeral**  
Saturday 2nd July

Our prayers and condolences  
are with the family of

**Florence Jennifer Walker**  
*May she rest in peace*



## CONTACTS FOR THE PARISH OF ST. MICHAEL AND ALL ANGELS, BEETHAM

Priest-in-Charge	The Revd Andrew Norman	015395 62355	revdabn@gmail.com
Assistant Curate	The Revd Hannah Wallace	01524 449035	revhannahwallace@gmail.com
Licensed Lay Minister	Vivien Stirrup	015395 64320	vstirrup7@aol.com
Licensed Lay Minister	Chris Roberts	015395 63019	lainyandchris@aol.com
Lay Chair/Churchwarden	Brian Smalley	015395 64778	b.e.smalley@btinternet.com
Churchwarden	Dianne Lomax	015395 62648	diannelomax@btinternet.com
PCC Treasurer	John Lomax	015395 62648	j.d.lomax@btinternet.com
Beetham C of E School	Abi Johnson	015395 62515	head@beetham.cumbria.sch.uk
The Gateway Editor	Jenny Marks	015395 62559	jenny.marks@btinternet.com

*Please do be in touch with Andrew you would like to receive the parish email, if there is any support or encouragement he can offer, if you would have any questions about services church life or the Christian faith, or if you would like anyone or anything remembered in prayer. He would be very pleased to hear from you.*





"THERE IS NOTHING LIKE A MUSIC FESTIVAL.  
PEOPLE ARE READY TO HAVE A GOOD TIME.  
I DON'T THINK ANYONE COMES TO A FESTIVAL GOING.  
I'M GONNA BE A COMPLETE BUMMER TODAY"  
GARY CLARKE

Well dear reader and long serving fan of Beetham Community Band, I write this in the afterglow of our own Festival to celebrate the Platinum Jubilee of our wonderful Queen. We are also glowing from the covid we acquired somewhere along the performing line. But to move on to happier things. We had a splendid weekend of music, playing our hearts out amongst the flower arrangements. It could have been Woodstock if you closed your eyes. Life is made of small moments like this. We had all worked so hard up to that weekend, in church and at home, to bring the very best we could to entertain what turned out to be a sizable audience. Those who had the strength to make it through to the finale, were treated to some fine vocal renditions and the sing-a-long to Sweet Caroline. If it's good enough for Sir Rod Stewart, who was actually a bit miffed about being asked to sing it, it is more than good enough for us.

But not to rest upon our laurels; we have a busy July ahead. On the 12th of July we are playing at Leighton Hall for the dementia friendly walks group. We had a lovely time when we performed for them last time, although the weather was truly awful. Let us hope we have a lovely summer day.

On the 16th of July we are off to Caton to play at a fund raising garden party held by the St Lazarus order. We are honoured to be asked again by this prestigious group to help them raise much needed funds for leprosy and the people of Ukraine.

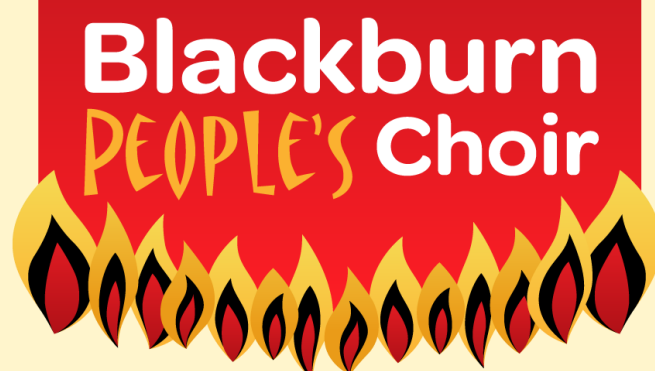
Oh and then on the 23rd of July there is BEETHAM SPORTS DAY. Yes it is back and we cannot wait to see what the weather has in store for us this year. We shall be there in full band regalia and our lovely new PA system to add some musical background to the proceedings.

Now does this not make you want to join in? Come and see us, have a chat and perhaps a sausage roll, who knows what happens when we hit our festival vibes once again .

'MUSIC WASHES AWAY FROM THE SOUL THE DUST OF EVERYDAY LIFE'  
BERTHOLD AUERBACH

So why not step into our shower .....

Tess Rowlands, 07725 580095



return to  
**Beetham Church**  
at 7.30pm on  
**Saturday 17th September**

Tickets will be on sale during August from the Friends of Beetham Church Committee and online

Details will be published on our website at  
[www.beethamstmichaelandallangels.co.uk](http://www.beethamstmichaelandallangels.co.uk)

After missing the last two years  
we are hoping to hold our  
**Beetham Church**  
**Harvest Hotpot Supper**  
on **Friday 30th September**  
at the Heron Corn Mill Barn

To make sure that the event will have sufficient  
numbers to go ahead please can you sign the  
form at the back of the church



## Beetham Church Flower Festival Celebrating the Platinum Jubilee of Her Majesty Queen Elizabeth II

From 2nd—5th June the church was filled with the glorious scent and colours of magnificent displays of flowers in celebration of the Platinum Jubilee. The flower arrangers each chose a decade of the Queen's reign to depict in flowers—from red, white and blue to the vibrant technicolour of the 1960's and the flamboyant glamour of the 2000's. The displays were accompanied by an exhibition of Beetham life through the decades, and the school produced the most delightful display of their work including souvenir plates that each pupil had made for the event

Music accompanied the festival throughout the weekend, with the event being opened with Towerbell ringing on the Thursday. The Beetham Handbellringers, Beetham Community Band, and singers entertained on the Friday and Saturday, Geoff treated us to William Walton's 'Crown Imperial' Coronation March for the Sunday voluntary, and the weekend concluded with Beetham Church Choir singing Handel's 'Zadok the Priest' at Evensong

Thanks go to everyone involved in the hugely successful weekend - to Dianne and her team of flower arrangers, stewards, refreshment teams, all the musicians, Beetham CE School, exhibitors, and the cleaning teams. Thank you also goes to all who visited the festival over the weekend for their generosity, raising nearly £900 for church funds!





# School Corner

Yet again a busy month with so much happening beyond our standard curriculum. Children at Beetham CE Primary School each week are taught a broad and balanced curriculum including all the subjects identified in the National Curriculum however, we also go beyond this providing children opportunities and experiences in many other ways and areas.

At the end of May we celebrated Ascension day. This involved children working in the House groups and completing activities to help with their learning about what happened at Ascension and why Christians consider it an important time of year. Children made spiral prayers, kites and an image of Jesus ascending to heaven with a pulley mechanism. It was a wonderful morning where children not only learnt about Ascension but also worked together to do so.

Our final day of the half term was filled with great excitement as we held a party afternoon for our Jubilee celebrations. All the children came to school in red, white and blue. We had a traditional picnic lunch on the field and then played traditional games including dancing around the Maypole. The Tavern at Hale and Milnthorpe Chippy supply our school lunches and they truly excelled themselves for our picnic with the pièce de résistance being the amazing Union Jack cake. To mark the occasion we also planted trees donated by Beetham Nurseries - thank you very much. It was a wonderful afternoon shared with our families having fun celebrating a historical occasion.

During the half term holiday, the FOBS also held a celebration on the field raising money for school and encouraging the community to come together. The weather was wonderful and meant that the stalls were busy - none more so than Dunk the Vicar! Thank you to everyone involved, we really appreciate all your hard work and support.

Shortly after the half term holiday we welcomed Sarah Dodd to our school, a local author who has used the area of Silverdale to inspire her book. Sarah worked with all the children in the school to explore characters and write poetry based on her book 'The Keeper of Secrets'. This was a wonderful opportunity for the children to see the power of writing as well as the techniques used by professionals.

Years 5 and 6 headed off on their residential to Liverpool, Chester and Manchester this month. They managed to squeeze so much into their three days it really was amazing! Liverpool World Museum, Liverpool Science Museum, Liverpool Cathedral, Old Trafford Stadium, a trip on the Mersey and a day at Chester Zoo were some of the highlights. The children really enjoyed the trip and were wonderful ambassadors for the school. Thank you to all the staff and volunteers who made the trip happen.

Finally this month, we held our Sports Day. It was a gloriously sunny day (a little too warm if we're honest but we're not complaining about the sunshine!). The whole school took part in team events scoring points for activities such as hurdles, throwing and jumping. After the team events came individual events of sprint, egg and spoon and sack races. It was a wonderful afternoon which was well supported by our parents. After adding up all the scores it was announced that the Blues won the Sports Day trophy this year - well done everyone!

Best wishes  
Abi Johnson







## Beetham WI

Beetham held a beetle drive this month along with a quiz, as unfortunately our speaker cancelled at the last minute. We had to guess what the vintage tools/ implements on the table were, and there were some interesting answers.

To support the flower festival our President Louise Tomlinson decorated the church porch on behalf of Beetham WI.

theWI  
INSPIRING WOMEN



Our next meeting is Tuesday 5 July 7pm at the M Hub in Milnthorpe and the talk is by Kelly Stepaniuk on North West Air Ambulance. Visitors are most welcome.

We welcome new members, so please get in touch if you would like to come and try.

beethamwi@gmail.com



art  
dance  
music  
film  
**the HERON theatre**  
*Summer Films*

Friday 1st July, Film 7.30pm  
**BELFAST** (2021) [PG-13] 1 hr 38 mins  
Oscar winning film written & directed by Kenneth Branagh

Friday 15th July, Film 7.30pm  
**WEST SIDE STORY** (2020) [PG-13] 2 hrs 36 mins  
Steven Spielberg's acclaimed remake of the 1961 classic

Friday 5th August, Film 7.30pm  
**PARALLEL MOTHERS** (2021) [R] 2 hrs 3 mins  
Starring Penelope Cruz. In Spanish with subtitles

Friday 19th August, Film 7.30pm  
**THE DUKE** (2020) [R] 1 hr 35 mins  
Jim Broadbent as the retired bus driver who stole a Goya...

Book tickets online via [www.theherontheatre.com](http://www.theherontheatre.com)  
email: [boxoffice@theherontheatre.com](mailto:boxoffice@theherontheatre.com) ~ tel: 015395 64283

A new ventilation system has been installed and current covid precautions will apply on the night. Refreshments available

The Heron Theatre, Stanley Street, Beetham, LA7 7AS

## Beetham Village Facebook

A dedicated facebook group for Beetham village

Search for  
"Beetham Village, Cumbria"  
or go to:-

<https://www.facebook.com/groups/336128587626350/?ref=share>

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St George, Kendal

Saturday 2 July 2022  
7.30pm

Tickets £14

Children and students free  
Available from [www.levenschoir.net](http://www.levenschoir.net)  
or at the door

RALPH VAUGHAN WILLIAMS  
Mass in G minor  
CUSTAV HOLST  
Nunc Dimittis  
ADRIAN SELF  
Dover Beach  
FRANK MARTIN  
Messe Pour Double Choeur

Conductor  
Gawain Glenton



## VAUGHAN WILLIAMS at 150

BENEDICITE  
A SEA SYMPHONY  
THE LARK ASCENDING

PERFORMERS

Sarah Fox (soprano)  
Roderick Williams (baritone)  
Roland Fudge (violin)

CFC Chorus and Orchestra (leader Roland Fudge)  
Ian Jones (conductor)

Kendal Leisure Centre  
Saturday 9 July 2022  
7.30pm

TICKETS

CHILDREN AND STUDENTS FREE  
£18 (includes programme)  
01539 733944 until 30 June  
or from members of the chorus  
and at the door



Kendal South Choir

With Geoffrey Field, MD



Featuring excerpts from  
'Les Miserables'  
Claude-Micheal Schonberg

COME AND SING!



And  
'Feel the Spirit'  
John Rutter

Saturday 24th Sep

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## Heron Corn Mill

[www.heronmill.org](http://www.heronmill.org)

MILL TOUR & DEMONSTRATION  
Friday 5th August, 11.30am-1pm



POWSOWDIE  
Tuesday 12th July, 11am-2pm

CRAFTERNOONS  
Tuesday 5th & 19th July, 1-4pm

TRAILS & TALES: HERITAGE WALKS  
Wednesday 20th July, 1-3pm

WRITE BY THE RIVER  
Wednesday 13th July, 11am-4pm

Please visit our website for more details or call 015395 64271 or  
email [info@heronmill.org](mailto:info@heronmill.org) for information or to book a place

## Beetham Parish Council

Next meeting will be held in  
Storth Village Church  
Monday 4th July at 7pm

Members of the public are welcome to attend  
Minutes of previous meetings and details of the East & West  
Ward Councillors can be found on the website at  
[www.beethampc.co.uk](http://www.beethampc.co.uk)

## Milnthorpe Angling Association

Milnthorpe Angling Association has  
a limited number of vacancies for  
members for fly fishing only on  
the River Bela and its tributaries

If interested, please phone  
John McKay on 01524 812896  
for an informal chat





## Gateway Distribution—can you help?

We are looking for volunteers to distribute the paper copies of The Gateway in the Whasset and Elmsfield areas of the parish. Please contact the Editor if you can help in either location

## Important message for advertisers

Now that Gateway is back to both paper and online circulation we aim to contact each advertiser individually for your ongoing requirements - some ads were slightly altered as it became necessary during lockdown to realign some pages. Do please let us know if there are any details you would like us to change. And to other local business, would you like to advertise? Annual costs can be as low as just £20! To book space call John on 015395 62648 or email [j.d.lomax@btinternet.com](mailto:j.d.lomax@btinternet.com)

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Milnthorpe

015395 64727

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[www.physio-sportsinjuries.co.uk](http://www.physio-sportsinjuries.co.uk)



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### September deadline for The Gateway

The deadline for contributions for the September  
edition is noon on **Monday 29th August**

Please send articles to the editor, Jenny Marks

Email: [jenny.marks@btinternet.com](mailto:jenny.marks@btinternet.com)

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